



Glucerna SR

0.93 kcal/ml complete balanced nutritional supplement drink with fibre and fructo-oligosaccharides (FOS)

PRESENTATION

- Presented in 230 ml (214 kcal) tetrapaks.
- Available in strawberry and vanilla flavours.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Glucerna SR is a ready to use nutritional drink specifically designed for patients with diabetes or abnormal glucose tolerance.

Nutritionally complete for vitamins and minerals in 1667 ml (excluding electrolytes, calculated using the UK Reference Nutrient Intake for men aged 19-50 years).

INDICATIONS / COMMUNITY USE

Suitable for patients with diabetes or abnormal glucose tolerance with/or at risk of developing, disease related malnutrition:

- Type I Diabetes Mellitus
- Type II Diabetes Mellitus
- Stress-induced hyperglycaemia
- Impaired glucose tolerance

Available on the GMS (General Medical Services) Scheme and the DPS (Drugs Payment Scheme) in Ireland.

STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use.
- Shake well before use and open immediately prior to use.
- Best served chilled unless bolus feeding is indicated, in which case the product should be administered at room temperature.
- May also be served as warm drinks. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.
- Unless recommended by a qualified healthcare professional, not intended for use in children.
- When feeding to patients with dysphagia, please thicken the product as appropriate.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, sucromalt*, *milk* proteins, vegetable oils (canola, high oleic sunflower), glycerine, *soy* protein isolate, minerals (potassium citrate, potassium chloride, calcium citrate, magnesium phosphate dibasic, calcium carbonate, sodium citrate, sodium chloride, calcium phosphate tribasic, magnesium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, potassium iodide, sodium molybdate, chromium chloride, sodium selenate), fructooligosaccharides, flavouring, emulsifier: *soy* lecithin, stabilisers (E460, E407, E466), choline chloride, vitamins (C, E, niacinamide, calcium pantothenate, B₆, B₁, B₂, vitamin A palmitate, folic acid, biotin, K₁, D₃, B₁₂), sweeteners (E950, E955), colour: E100.

*Sucromalt is a source of glucose and fructose

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density	0.93 kcal/ml
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Energy distribution:

Protein	18.4%
Carbohydrate	37.4%
Fat	33.8%
Polyols	5.59%
Fibre (FOS)	4.83%

Renal solute load	361 mOsm/L
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Osmolarity	610 mOsm/L
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Osmolality	725 mOsm/kg H ₂ O
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Gluten free?	✓
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Clinically lactose free?	✓
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Milk free?	✗
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Suitable for vegetarians?	✓ ^{1,2}
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For suitability for other diets and free-from information, please contact the Freephone Nutrition Helpline on 1800411411.

1. Strawberry flavour contains E120 (cochineal) which some people may consider to be a meat product.
2. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.