



# Oxepa

## 1.5 kcal/ml complete, balanced, high fat/low carbohydrate liquid with EPA<sup>\*</sup>, GLA<sup>\*\*</sup> and antioxidants

### PRESENTATION

- Presented in a 500 ml (759 kcal) Ready to Hang (RTH) container.
- Oxepa is unflavoured.

### USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a sole source of nutrition or as a nutritional supplement for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Oxepa is an enteral feed specifically formulated for patients with acute lung injury. The high fat/low carbohydrate content is designed to reduce carbon dioxide production and respiratory quotient, thus reducing ventilatory requirement. Oxepa is enriched with antioxidants, eicosapentaenoic acid (EPA) and gamma linolenic acid (GLA) which may help reduce lung inflammation in ventilated patients. The high energy density makes it appropriate for patients with volume restrictions/intolerance.

Nutritionally complete for vitamins and minerals in 974 ml (excluding electrolytes, calculated using the UK Reference Nutrient Intake for men aged 19-50 years).

### STORAGE

- Store unopened at room temperature.
- Avoid prolonged exposure to light.
- Once opened, unused product should be resealed and stored in a refrigerator.
- Unused contents should be discarded after 24 hours.

### DIRECTIONS FOR USE

- Ready for use.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available for use.

### PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Unless recommended by a healthcare professional, not intended for use in children.
- When feeding to patients with dysphagia, please thicken the product as appropriate.

### CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

### INDREDIENTS

Water, vegetable oils (canola, MCT from palm kernel oil, borage), **milk** proteins, sucrose, maltodextrin, **fish** oil, minerals (potassium citrate, magnesium chloride, calcium phosphate tribasic, sodium citrate, potassium chloride, potassium phosphate dibasic, sodium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, chromium chloride, sodium molybdate, sodium selenate, potassium iodide), emulsifier: **soy** lecithin, vitamins (C, E, niacinamide, calcium pantothenate, vitamin A palmitate, beta carotene, B<sub>1</sub>, B<sub>2</sub>, B<sub>6</sub>, folic acid, biotin, K<sub>1</sub>, D<sub>3</sub>, B<sub>12</sub>), choline chloride, taurine, l-carnitine, stabiliser: E418.

### GENERAL INFORMATION

Energy density	1.5 kcal/ml
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Energy distribution:	
Protein	16.5%
Carbohydrate	27.9%
Fat	55.6%

Renal solute load	511 mOsm/L
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Osmolarity	384 mOsm/L
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Osmolality	490 mOsm/kg H <sub>2</sub> O
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Gluten free?	✓
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Clinically lactose free?	✓
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Milk free?	✗
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Suitable for vegetarians?	✗ <sup>1, 2</sup>
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For suitability for other diets and free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

<sup>\*</sup> eicosapentaenoic acid (EPA)

<sup>\*\*</sup> gamma linolenic acid (GLA)

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.  
2. Contains fish oil.