



PaediaSure Fibre

1.0 kcal/ml complete, balanced nutrition with fibre and FOS* for children weighing 8-30 kg

PRESENTATION

- Presented in 200 ml (202 kcal) bottles and 500 ml (506 kcal) Ready to Hang (RTH) containers.
- Both presentations are available in vanilla flavour. The 200 ml presentation is also available in banana and strawberry flavours.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a sole source of nutrition or as a nutritional supplement for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 889 ml for children aged 1-3 years, 1000 ml for children aged 4-6 years and 1250 ml for children aged 7-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands).

COMMUNITY USE—PRESCRIPTIONS

Can be prescribed on a FP10 (GP10 in Scotland) for the following indications in children weighing 8-30 kg:

- Disease-related malnutrition and/or growth failure
- Short bowel syndrome
- Bowel fistulae
- Intractable malabsorption
- Pre-operative preparation of patients who are malnourished
- Dysphagia

All prescriptions should be endorsed ACBS (Advisory Committee on Borderline Substances).

STORAGE & DIRECTIONS FOR SIP FEEDING

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled. May also be served as warm drinks. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- Date and time of opening can be recorded on the lid sticker.

DIRECTIONS FOR TUBE FEEDING

- Ready for use.
- Administer at room temperature for tube feeding.
- Both the Ready to Hang and the reclosable plastic bottles will attach to all Abbott Nutrition giving sets.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene.
- When feeding to patients with dysphagia, please thicken the product as appropriate.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, sucrose, sodium and calcium caseinates (*milk* protein), high oleic sunflower oil, soy oil, MCT oil from palm kernel oil, whey protein concentrate (*milk* protein), flavouring, fructooligosaccharides, *oat* fibre, *soy* polysaccharide, tricalcium phosphate, magnesium chloride, potassium chloride, emulsifiers: E322 (*soy* lecithin), E471, sodium citrate, gum arabic, potassium phosphate dibasic, potassium citrate, carboxymethylcellulose, choline bitartrate, stabiliser: E415, vitamin C, m-inositol, taurine, acidity regulators: E525, E330, ferrous sulphate, zinc sulphate, L-carnitine, niacin, vitamin E, calcium pantothenate, copper sulphate, manganese sulphate, thiamin (vitamin B₁), riboflavin (vitamin B₂), vitamin B₆, vitamin A, sodium fluoride, folic acid, potassium iodide, sodium molybdate, chromium chloride, sodium selenite, biotin, vitamin K, vitamin D, vitamin B₁₂.

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density	1.0 kcal/ml
Energy distribution:	
Protein	11.1%
Carbohydrate	43.2%
Fat	44.3%
Fibre (FOS)	1.44%
Renal solute load	259 mOsm/L
Osmolarity	289 mOsm/L
Osmolality	340 mOsm/kg H ₂ O
Gluten free?	✓
Clinically lactose free?	✓
Milk free?	×
Suitable for vegetarians?	✓ ¹

For suitability for other diets and free-from information, please contact the Freephone Nutrition Helpline on 0800 252882.

1. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.