ANHI COURSE CATALOGUE FOR DIETITIANS IN IRELAND

MARCH 2025

The Continuous Professional Development (CPD) Credits assigned to each of the material is based off review by the US Commission on Dietetic Registration. CORÚ registered dietitians should assign themselves 1 CPD credit for every hour of new or enhanced learning achieved.

FOR HEALTHCARE PROFESSIONALS ONLY
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Date of preparation: March 2025 | IE-2500039

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ADULT VIDEO RESOURCES

MALNUTRITION AND SCREENING	TIME/CPD CREDIT
Malnutrition Screening in Adults: Combining Evidence and Clinical Practice to Improve Patient Care	1 CPD Credit
New Evidence to Support Optimal, Early Nutrition Intervention to Improve Patient Outcomes	1 CPD Credit
Malnutrition Screening & Diagnosis Across the Lifespan: Part 1	1 CPD Credit
Malnutrition Screening & Diagnosis Across the Lifespan: Part 2	1 CPD Credit
Malnutrition Screening & Diagnosis Across the Lifespan: Part 3	0.75 CPD Credit
MUSCLE	
• **Muscle Matters**	
Muscle Matters: New Insights on the Interplay Between Nutrition, Inflammation and Metabolism	0.75 CPD Credit
Muscle Matters: Preventing Muscle Loss	Video Series
• **Sarcopenia**	
Sarcopenia in Frailty	0.5 CPD Credit
Finding and Diagnosing Sarcopenia Video Series	Video Series
• **Muscle and Health Outcomes**	
Building Muscle For Better Health Outcomes	5 min video
Unlocking the Value of Muscle & Nutrition for Improved Health Outcomes	1.25 CPD Credit
• **Building Muscle, Muscle Maintenance and Preventing Muscle Loss**	
Building Muscle Strength: The Role of Exercise	35 min video
Nutrition Interventions to Support Muscle Maintenance	45 min video
The Future of Nutrition Intervention to Address Malnutrition and Muscle Loss	3 min video
Muscle Loss: Prevalence and Consequences	3 min video
• **Calcium β-hydroxy-β-methylbutyrate**	
The Role of HMB† Supplementation in Supporting Muscle Health	5 min video
The Importance of Muscle Mass and HMB† During Illness	25 min podcast
WOUNDS	
Wound Module 1: A Closer Look: Understanding Chronic Wounds	1 CPD Credit
Wound Module 2: Pressure Injuries & the Management of Chronic Wounds	1 CPD Credit
Wound Module 3: Making the Connection: Chronic Wounds and Nutrition	1 CPD Credit
The Interface of Nutrition & Pressure Injury Prevention: Following a Hospital Journey (Part 1)	1 CPD Credit
The Interface of Nutrition & Pressure Injury Prevention: Following a Hospital Journey (Part 2)	1 CPD Credit
Nutrition and Wounds: Implementing an Evidence-Based Plan of Care	0.5 CPD Credit
NUTRITION FOCUSED PHYSICAL EXAM (NFPE)	
Nutrition Focused Physical Exam - Part 1: Subcutaneous Fat and Muscle Loss	1 CPD Credit
Nutrition Focused Physical Exam - Part 2: Micronutrients, Fluid Accumulation & Functional Status	1 CPD Credit
Performing Nutrition-Focused Physical Exam Via Telehealth in an Adult Outpatient Population	1 CPD Credit
ENTERAL NUTRITION	
Back to Basics: Enteral Formula Composition and Delivery Considerations for Adult Patients	1 CPD Credit
Choosing Wisely: Enteral Feeding Tube Selection, Placement & Considerations	1 CPD Credit
Enteral Nutrition Tolerance & Gut Health	0.5 CPD Credit
Enteral Nutrition: Transitions of Care from Hospital to Home	0.5 CPD Credit
Enteral Tube Feeding: Gastrointestinal Complications	1 CPD Credit
Enteral Tube Feeding: Surgical and Metabolic Complications	1.5 CPD Credit

†HMB: β-hydroxy-β-methylbutyrate.

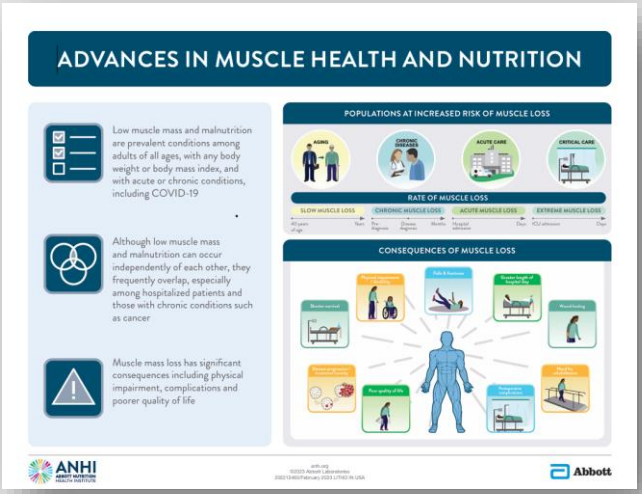
ADULT VIDEO RESOURCES

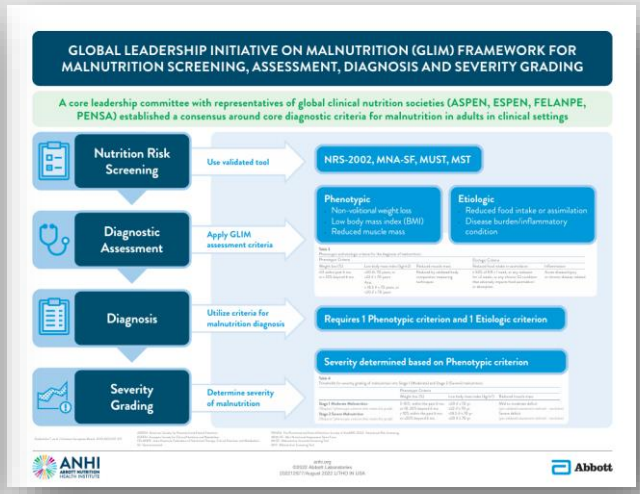
HOSPITAL TO HOME ENTERAL NUTRITION	TIME/CPD CREDIT
Good Tubes Gone Bad: Management & Prevention of Common Tube Site Complications	1 CPD Credit
Practical Management of Home Tube Feeding	1 CPD Credit
Successful Transition of Tube Feeding: From Hospital to Home	1 CPD Credit
INTENSIVE CARE UNIT (ICU)	
• **NFPE in ICU**	
Adapting the Nutrition-Focused Physical Exam to Identify Critically Ill Patients with Obesity	1 CPD Credit
Adult Malnutrition in the Critical Care Setting: Utilizing Nutrition-Focused Physical Exam in the ICU	1.5 CPD Credit
• **Gastrointestinal Tolerance in ICU**	
Addressing Gastrointestinal Tolerance in the ICU Setting	1 CPD Credit
Gastrointestinal Dysfunction in Critical Illness	0.75 CPD Credit
Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management & Nutrition Considerations	1 CPD Credit
Putting Evidence into Practice: Preventing, Managing & Treating Enteral Feeding Intolerance in the Critical Care Setting	1 CPD Credit
• **Early Feeding in ICU**	
Implementing Early Feeding Practices in Critical Care	1 CPD Credit
Making Early Enteral Nutrition Happen	1 CPD Credit
The Importance of Early Enteral Nutrition for Critically Ill Patients	1 CPD Credit
• **Screening and Assessment**	
When It Matters Most: Muscle & Nutrition in Critical Care	1 CPD Credit
Measuring Body Composition and Optimal Nutrition Support in the ICU Setting	1 CPD Credit
• **Nutritional Care and Guidelines**	
Improving the Quality of Nutrition Care for Critically Ill Patients	1 CPD Credit
Optimal Nutrition Therapy During & Post-ICU	0.5 CPD Credit
Update on the 2022 ASPEN Critical Care Guidelines	0.5 CPD Credit
OBESITY AND BARIATRIC SURGERY	
Malnutrition Screening in Patients with Obesity in the Hospital Setting	1 CPD Credit
Addressing Weight Stigma in Healthcare Settings	1 CPD Credit
• **Bariatric Surgery**	
Bariatric Surgery: Developing an Understanding of the Evidence, Procedures & Expected Outcomes (Module 1)	0.5 CPD Credit
Setting Patients Up for Success: Prioritizing Nutrition Prior to Bariatric Surgery (Module 2)	0.5 CPD Credit
The Long and Short of It: Postoperative Nutrition to Support Long-Term Success After Bariatric Surgery (Module 3)	0.5 CPD Credit
• **Muscle Health**	
The Benefits of Personalized Nutrition & Lifestyle Approaches in Obesity Management: Exploring the Role of Muscle Health	1 CPD Credit
The Holistic Support of Patients Post Metabolic & Bariatric Surgery in Primary Care: Nutrition, Muscle Health and Beyond	1 CPD Credit
ONCOLOGY	
What's New in Oncology? Addressing Muscle Health & Nutrition	1 CPD Credit
HMB Supplements to Counteract Muscle Loss in Patients with Cancer	4 min video
Nutrition & Exercise: Supporting Cancer Patients Throughout Their Journey	50 min video
TRAUMATIC BRAIN INJURY	
Traumatic Brain Injury: Emerging Research, Clinical Consequences & Nutrition Recommendations from a Multidisciplinary Perspective (Part 1)	0.75 CPD Credit

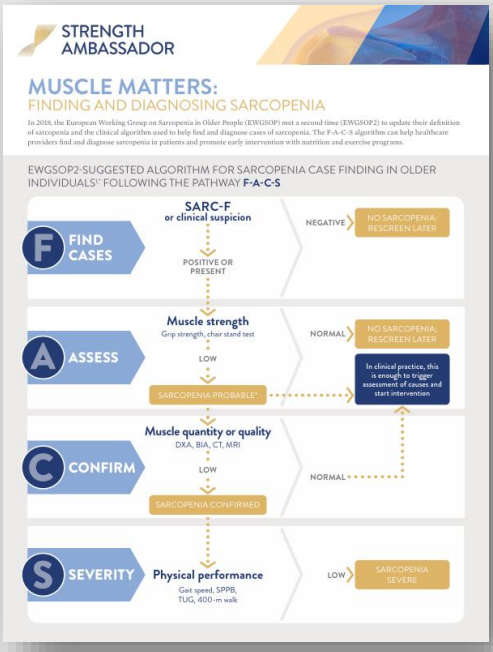
ADULT VIDEO RESOURCES CONT.

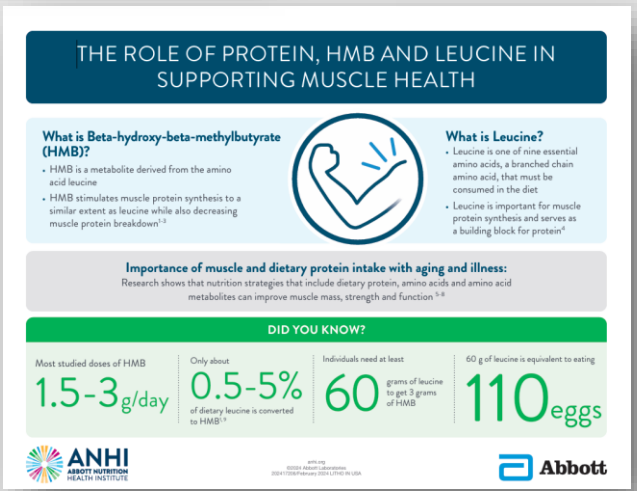
DIABETES	TIME/CPD CREDIT
Special Considerations: Implementing Enhanced Recovery After Surgery (ERAS) in Patients with Diabetes	1CPD Credit
Tailoring Care in Diabetes: Improving Outcomes Through Personalized Nutrition Intervention and Person-Centered Care	1 CPD Credit
The Role of Nutrition in Pressure Injury Management in Patients with Diabetes	1 CPD Credit
GASTROINTESTINAL	
Interactions of Nutrition, the Gastrointestinal Microbiome & Health	0.5 CPD Credit
Prebiotics & the Microbiota: Optimizing Gut Health in Critically Ill Patients (Part 1)	1 CPD Credit
Prebiotics and the Microbiota: Optimizing Gut Health in Critically Ill Patients (Part 2)	1 CPD Credit
PROFESSIONAL DEVELOPMENT	
Advancing Malnutrition Quality Improvement and Health Equity: Opportunities to Lead Change	1 CPD Credit
Driving Change: Implementing the Malnutrition Quality Improvement Initiative (MQii) Across the Ecosystem of Healthcare (Part 1)	1.25 CPD Credit
Driving Change: Implementing the Malnutrition Quality Improvement Initiative (MQii) Across the Ecosystem of Healthcare (Part 2)	1 CPD Credit
A New Code: Creating a Culture of Compassion Amongst Colleagues in Healthcare	0.5 CPD Credit
Cultivating a Healthy Work Culture By Addressing Bullying & Incivility	1 CPD Credit
How to Navigate Difficult Conversations with Difficult People: Strategies for Healthcare Professionals	1 CPD Credit
How to Shift From a Negative to a Positive Work Environment	1 CPD Credit
Motivational Interviewing: Application in Working with Patients and Families	1 CPD Credit

ADULT INFOGRAPHICS: MUSCLE MASS AND SCREEENING









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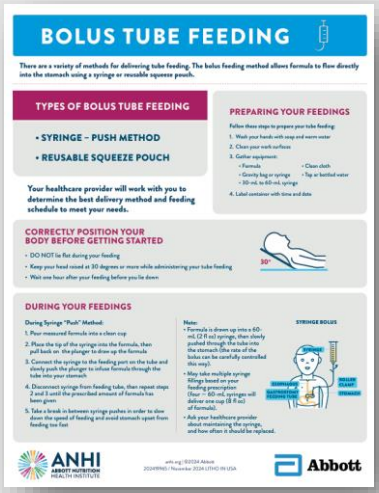
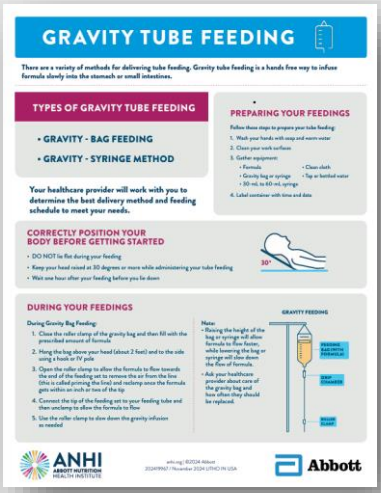
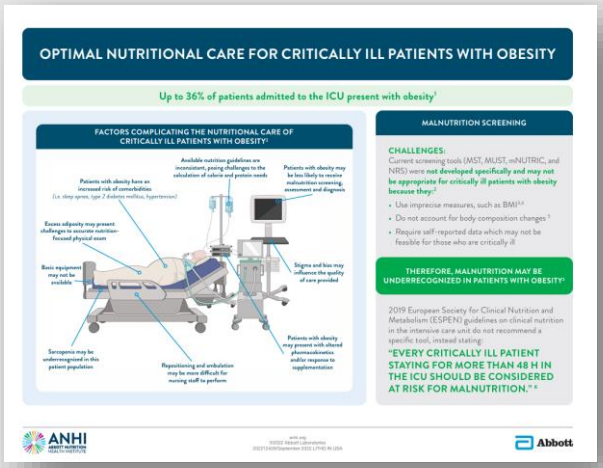
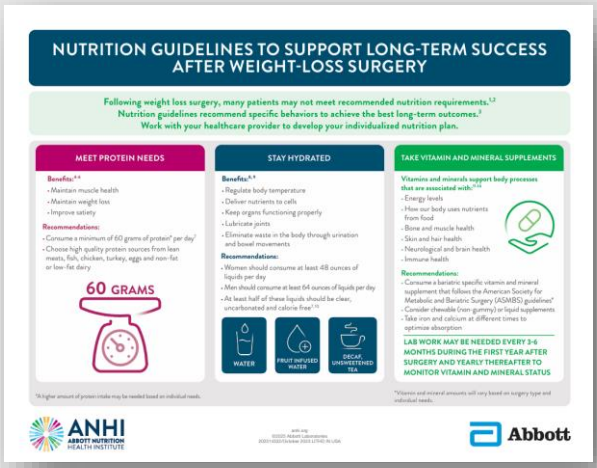
ADULT INFOGRAPHICS: ENTERAL NUTRITION





ADULT INFOGRAPHICS: DISEASE SPECIFIC





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