

# ABBOTT PRODUCTS: STANDARD ORAL NUTRITIONAL SUPPLEMENTS



ENSURE COMPACT PROTEIN    ENSURE PLUS ADVANCE    ENSURE COMPACT    ENSURE SHAKE    ENSURE TWOCAL    ENSURE PLUS    ENSURE PLUS YOGHURT    ENSURE PLUS FIBRE    ENSURE PLUS JUICE    ENSURE PLUS CRÈME    ENSHAKE

PCRS STATUS    PCRS APPROVAL NOT REQUIRED    PCRS APPROVAL REQUIRED

PRODUCT DESCRIPTION	2.4kcal/mL High protein milkshake style nutritional drink with CaHMB <sup>†</sup> and Vitamin D	1.5kcal/mL High protein milkshake style nutritional drink with CaHMB <sup>†</sup> and Vitamin D	2.4kcal/mL Nutritionally complete, milkshake style nutritional drink	1.95kcal/mL High Energy, powdered nutritional supplement	2.0kcal/mL Nutritionally complete, milkshake style nutritional drink with fibre	1.5kcal/mL Nutritionally complete, milkshake style nutritional drink	1.5kcal/mL Nutritionally complete, yoghurt style nutritional drink	1.6kcal/mL Nutritionally complete milkshake style nutritional drink with mixed fibre and FOS <sup>‡</sup>	1.5kcal/mL Juice style nutritional drink	1.4kcal/g Nutritionally complete, dessert style nutritional supplement	1.94kcal/mL High energy, powdered nutritional drink (Enshake may also be added to foods as a 'fortifier')
---------------------	--	--	--	---	---	--	--	--	--	--	--

	PER PACK										
ENERGY kcal/mL	2.4	1.5	2.4	1.5 <sup>§</sup>	2	1.5	1.5	1.6	1.5	1.4	1.94 <sup>§</sup>
ENERGY kcal	300	330	300	389	399	300	300	310	330	171	602
PROTEIN g	18	20	12.8	17	16.8	12.5	12.5	13	10.6	7.1	16
PROTEIN (% en)	24.0	24.3	17	16.1 <sup>*</sup>	16.8	16.7	16.7	16.1	12.8	16.8	11.2 <sup>*</sup>
CARBOHYDRATE g	28.0	37	36	43.2	42	40.4	40.4	40	71.9	23	78.9
FAT g	12.5	11	11.7	16.6	17.8	9.8	9.8	9.8	0	5.6	24.7
FIBRE g	0	1.7	0	0	2	0	0	5	0	0	0
VITAMIN D <sub>3</sub> µg	13	13	3.8	5	3.4	4	3.4	3.3	1.1	1.91	6.3
SODIUM mg (mmol)	248 (10.8)	330 (14.3)	181 (7.89)	245 (10.7)	160 (6.96)	184 (8)	240 (10.4)	170 (7.39)	15 (0.66)	125 (5.4)	458 (19.9)
POTASSIUM mg (mmol)	625 (16.0)	594 (15.2)	269 (6.88)	695 (17.8)	350 (8.96)	320 (8.18)	400 (10.2)	270 (6.92)	42 (1.08)	205 (5.2)	771 (19.7)
PHOSPHATE mg (mmol)	288 (9.3)	260 (8.32)	213 (6.86)	437 (14)	240 (7.74)	200 (6.46)	184 (5.94)	138 (4.42)	22 (0.7)	105 (3.4)	359 (11.6)
OSMOLALITY (mosm/kg H <sub>2</sub> O)	1400	730	1,052	959	750	660	850	730	870	778	1,050

	NUTRITIONALLY COMPLETE VOLUME <sup>†</sup>										
FEMALE 19-50YRS (mL)	Dosage Recommendation: 2 bottles per day <sup>‡</sup>	Dosage Recommendation: 2 bottles per day <sup>‡</sup>	500	Not suitable as a sole source of nutrition	875	900	900	1,000	Not suitable as a sole source of nutrition	989	Not suitable as a sole source of nutrition
MALE 19-50YRS (mL)			625		875	1,000	1,000	1,099			
FEMALE >50YRS (mL)			500		875	900	900	1,000		989	
MALE >50YRS (mL)			625		875	1,000	1,000	1,000		1,099	

PACK SIZE	125mL bottle	220mL bottle	125mL bottle	57g Powder Sachet reconstituted with 200mL whole milk	200mL bottle	200mL bottle	200mL bottle	200mL bottle	220mL bottle	125g pot	96.5g powder sachet reconstituted with 240mL whole milk /310mL serving
ORDER CODES	Banana Y539, Vanilla Y537	Banana S556, Chocolate S557, Coffee S756, Strawberry S757, Vanilla S558	Banana S603, Café Latte S811, Strawberry S602, Vanilla S601	Banana S638, Chocolate S637, Strawberry S636, Vanilla S635	Banana S163, Neutral S165, Strawberry S166, Vanilla S164	Banana S262, Chocolate S256, Fruits of the Forest S264, Raspberry S261, Strawberry S257, Vanilla S260,	Strawberry Swirl M851	Banana M702, Chocolate M700, Raspberry M701, Strawberry P756, Vanilla M699	Apple P597, Fruit Punch P591, Lemon & Lime P593, Orange P594, Peach P595, Strawberry P590	Banana P975, Chocolate P974, Neutral P973, Vanilla P972	Banana P512, Chocolate P510, Strawberry P511, Vanilla P509
GMS APPROVED	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
ALLERGENS & CULTURAL INFORMATION <sup>^</sup>	GF	GF V	GF V	GF V	GF V	GF LF V	GF	GF LF V	GF LF V	GF LF V	GF LF V

GF Gluten-free    LF Lactose-free    V Vegetarian

<sup>†</sup> Fructooligosaccharides. <sup>‡</sup> Calcium β-Hydroxy-β-methylbutyrate. <sup>§</sup> Prepared as directed (see 'pack size' row for directions). <sup>\*</sup> Please note that Abbott Nutrition regard products containing less than 2000 mg lactose per litre (as fed) as being 'clinically lactose free'. <sup>^</sup> Nutritionally complete volumes based on UK DRVs (Department of Health, 1991), excluding electrolytes (sodium, potassium, chloride). <sup>‡</sup> Dosage recommended for clinical improvements in nutritionally at-risk patients with poor muscle mass, pulmonary rehabilitation, poor wound healing, congestive heart failure, acute myocardial infarction, pneumonia, COPD and in older patients.

# ABBOTT PRODUCTS: SPECIALISED ORAL NUTRITIONAL SUPPLEMENTS



PCRS STATUS

PCRS APPROVAL NOT REQUIRED

PRODUCT DESCRIPTION

<b>1.5kcal/mL</b> Nutritionally complete reduced carbohydrate supplement for patients experiencing poor glucose control	<b>1.8kcal/mL</b> High energy supplement for patients requiring electrolyte and fluid restrictions	<b>1.3kcal/mL</b> Supplement enriched with omega-3 fatty acids, antioxidants and FOS <sup>†</sup> for patients with cancer cachexia	<b>1.5kcal/mL</b> Peptide based supplement for patients with conditions resulting in malabsorption	<b>1.25kcal/mL</b> High protein supplement for patients with acute and chronic wounds
--	---	--	---	--

PER PACK

ENERGY kcal/mL	1.5	1.8	1.3	1.5	1.25
ENERGY kcal	329	396	280	300	250
PROTEIN g	16.5	17.8	14.6	13.5	15.8
PROTEIN (% en)	20.1	18.0	20.9	18.0	25.3
CARBOHYDRATE g	28.05	32.4	40.3	36.8	31.8
FAT g	16.5	21.5	5.6	11	6.6
FIBRE g	3.3	2.77	4.55	0	0
FOS <sup>†</sup> g	2.20	1.85	2.42	0	0
VITAMIN D <sub>3</sub> µg	5.5	2.5	3.7	2	2.2
SODIUM mg (mmol)	308 (13.4)	154 (6.7)	253 (11)	338 (14.7)	256 (11.1)
POTASSIUM mg (mmol)	363 (9.28)	233 (5.97)	385 (9.8)	400 (10.2)	440 (11.3)
PHOSPHATE mg (mmol)	220 (7.11)	158 (5.06)	176 (5.7)	200 (6.4)	176 (5.7)
OSMOLALITY (mosm/kg H <sub>2</sub> O)	875	735	753	630	650

NUTRITIONALLY COMPLETE VOLUME\*

FEMALE 19-50YRS (mL)	1,741	1,286	Dosage Recommendation: 2 bottles per day <sup>†</sup>	1,000	1,233
MALE 19-50YRS (mL)	1,091	1,429		1,000	1,442
FEMALE >50YRS (mL)	1,091	1,286		1,000	1,154
MALE >50YRS (mL)	1,091	1,429		1,000	1,442
PACK SIZE	220mL bottle	220mL bottle	200mL bottle	200mL bottle	200mL bottle
ORDER CODES	Vanilla S499	Strawberry S552, Vanilla S551	Vanilla S712	Café Latte S783, Mixed Berry S784, Vanilla S298	Strawberry M819, Vanilla M818
GMS APPROVED	✓	✓	✓	✓	✓
ALLERGENS & CULTURAL INFORMATION <sup>‡</sup>	GF LF V	GF LF	GF LF	GF LF V	GF LF V

## CONTACT US

- Dietetic Helpline:  
1800 41 14 11 or 01 469 1534
- Abbott Nutrition:  
01 469 1530 or [abbott\\_nutrition\\_irl@abbott.com](mailto:abbott_nutrition_irl@abbott.com)
- Access Abbott website at [www.abbottnutrition.ie](http://www.abbottnutrition.ie) for:



Live chat with Dietitian



FreeGo Pump Demonstration Video



Sample Requests



ONS Recipes

GF Gluten-free   LF Lactose-free   V Vegetarian

<sup>†</sup> Fructooligosaccharides. \* Nutritionally complete volumes based on UK DRVs (Department of Health, 1991), excluding electrolytes (sodium, potassium, chloride). <sup>‡</sup> Please note that Abbott Nutrition regard products containing less than 2000 mg lactose per litre (as fed) as being 'clinically lactose free'. <sup>†</sup> Equivalent to the recommended dose of eicosapentaenoic acid [EPA] (2g/day) for cancer cachexia patients. Abbott Laboratories Ltd., Block B, Liffey Valley Office Campus, Quarryvale, Dublin 22, D22 X0Y3 | Tel: (01) 4691500 | Email: [abbott\\_nutrition\\_irl@abbott.com](mailto:abbott_nutrition_irl@abbott.com) | Website: [www.abbottnutrition.ie](http://www.abbottnutrition.ie)  
Date of Preparation: June 2021 | IE-ENSK-2100001

