

Arize

Nutritionally complete, extensively hydrolysed rice protein formula with added amino acids, free from cow's milk protein

For use under medical supervision. For the dietary management of infants and children with cow's milk allergy and other conditions where an extensively hydrolysed formula is indicated.

N.B. Breast milk is best for infants and, where possible, is recommended for as long as possible during infancy. Arize is a food for special medical purposes for use under medical supervision.



PER 100 mL[†]

68kcal

2.0g Protein

0.02g 2'-FL[^]

1.73mcg Vitamin D₂

PRESENTATION

400g powder sold in a tin. Tin includes a scoop – 1 level scoop is 4.5g

GMS CODE

85035

ENERGY DISTRIBUTION[†]

- 12.15% Protein
- 41.23% Carbohydrate
- 46.56% Fat
- 0.07% Fibre[^]

FLAVOUR

Unflavoured

- ✓ GMS listed
- ✓ No PCRS approval required
- ✓ Suitable from birth onwards[†]
- ✓ Suitable as a sole or supplemental source of nutrition

INGREDIENTS

Maltodextrin, vegetable oils (high oleic sunflower oil, MCT[†] from coconut and palm/palm kernel oil in varying proportions, soy oil), hydrolysed rice protein, dehydrated glucose syrup, sucrose, pregelatinised corn starch, minerals (calcium carbonate, potassium chloride, calcium phosphate, magnesium carbonate, sodium chloride, ferrous citrate, potassium citrate, sodium citrate, zinc oxide, manganese sulphate, cupric gluconate, potassium iodide, sodium selenite), emulsifier: E472c, L-lysine monohydrochloride, emulsifier: E322, oil from *Mortierella alpina*, choline bitartrate, oil from the microalgae *Schizochytrium* sp., vitamins (C, E, niacinamide, calcium d-pantothenate, vitamin A acetate, B₆, B₂, B₁, folic acid, K₁, d-biotin, D₂, B₁₂), L-threonine, 2'-fucosyllactose (2'-FL) (oligosaccharide derived from **lactose**[§]), myo-inositol, L-tryptophan, taurine, nucleotides (cytidine 5'-monophosphate, disodium uridine 5'-monophosphate, adenosine 5'-monophosphate, disodium guanosine 5'-monophosphate), L-carnitine, and antioxidants (E304, E307).

PREPARATION AND STORAGE

- **Preparation:** Thoroughly wash and rinse all equipment to be used in preparing the feed. Sterilise all utensils according to manufacturers' instructions or boil for 10 minutes. Boil fresh tap water (not bottled water) and allow to cool for no more than 30 minutes. Do not use artificially softened or repeatedly boiled water. Wash hands and clean the surface you are going to use. Pour the correct amount of warm, previously boiled water into the sterilised feeding bottle. Fill the scoop provided with Arize, levelling with the back of a clean, dry knife. Do not pack down in scoop. Add one scoop of Arize to each 30 mL of water. Only use the scoop provided. Fit a sterilised teat on bottle and test the temperature (drops of formula should feel lukewarm on the inside of your wrist). If necessary, add cap and cool by holding under cold running water. Feed your baby. Please see label for feeding guide. Discard formula that has not been used within 1 hour. We recommend preparing each feed as required. If you prepare more than one feed, it must be refrigerated at 2-4°C and used within 24 hours.
- **Storage:** Store unopened under normal room conditions. Once opened, use plastic lid to keep tightly covered and store in a cool, dry place (not refrigerator). Use within 3 weeks of opening. For best before end see base of tin.

CONTRAINDICATIONS AND PRECAUTIONS

- Must be used under medical supervision.
- NOT FOR PARENTERAL USE.

GENERAL INFORMATION

Clinically lactose-free [§]	✓
Gluten Free	✓
Milk Free	✓
Suitable for vegetarians	✓
Suitable for Halal diet	✓
Suitable for Kosher diet	✓

For suitability for other diets and "free from" information, contact the Freephone Dietetic Helpline on 1800 411 411.

[†]Standard dilution is 135.0g of powder brought up to one litre with water. ^{*}Infants over 6 months of age should receive supplemental foods in addition to Arize, as directed by a healthcare professional. Prepared formula may be fed from a cup, and for older children, can be mixed with cereal or other solid foods, as recommended by a healthcare professional. [^]2'-FL: 2'-fucosyllactose. [§]Lactose content < 10mg/100kcal. [†]MCT: Medium chain triglycerides. GMS: General Medical Services. PCRS: Primary Care Reimbursement Service.

Nutritional Information	Unit	Per 100g powder	Per 100 mL [†]
Energy	kJ	2125	287
	kcal	508	68
Fat	g	26	3.4
of which saturates	g	9.8	1.3
of which linoleic acid	mg	2970	401
of which α-linolenic acid	mg	300	41
of which arachidonic acid (ARA)	mg	130	18
of which docosahexaenoic acid (DHA)	mg	120	16
Carbohydrate	g	54	7.3
of which sugars	g	10	1.4
Fibre (2'-FL [^])	g	0.2	0.02
Protein (nitrogen)	g	15 (2.4)	2.0 (0.32)
Salt	g	0.58	0.08
Vitamins			
Vitamin A	mcg RE	455	62
Vitamin D ₂	mcg (IU)	12.75 (510)	1.73 (69)
Vitamin E (α-tocopherol)	mg	6.7	0.9
Vitamin K ₁	mcg	55	7.4
Vitamin C	mg	60	8.1
Folic Acid	mcg	70	9
Thiamin (Vitamin B ₁)	mg	0.40	0.05
Riboflavin (Vitamin B ₂)	mg	0.50	0.07
Vitamin B ₆	mg	0.50	0.07
Vitamin B ₁₂	mcg	1.30	0.18
Niacin	mg	4.00	0.54
Pantothenic Acid	mg	2.80	0.38
Biotin	mcg	18	2.4
Minerals			
Sodium	mg (mmol)	230 (10.00)	31 (1.35)
Potassium	mg (mmol)	550 (14.07)	74 (1.89)
Magnesium	mg (mmol)	35.0 (1.44)	4.7 (0.19)
Phosphorus (phosphate)	mg (mmol)	330 (10.65)	45 (1.45)
Calcium	mg (mmol)	556 (13.87)	75 (1.87)
Chloride	mg (mmol)	540 (15.23)	73 (2.06)
Iron	mg	6.0	0.81
Zinc	mg	5.0	0.68
Manganese	mg	0.3	0.04
Copper	mg	0.37	0.05
Iodine	mcg	95	12.8
Selenium	mcg	24	3.2
Choline	mg	150	20.3
Carnitine	mg	11	1.5
Taurine	mg	40	5.4
Inositol	mg	96	13
Nucleotides	mg	19	2.6
Osmolarity	mOsm/L	-	204
Osmolality	mOsm/kg H ₂ O	-	227
Renal Solute Load	mOsm/L	-	184

ORDER CODE Y619 (400g)

FOR HEALTHCARE PROFESSIONAL USE ONLY

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