

Ensure Plus Advance

1.5 kcal/ml high energy, complete, balanced oral formula rich in protein and vitamin D* with FOS** and CaHMB***.

PRESENTATION

- Presented in 220 ml (330 kcal) bottles
- Available in banana, chocolate, coffee, strawberry and vanilla flavours.

USES

Food for Special Medical Purposes: For the dietary management of people with, or at risk of malnutrition. Complete, balanced nutritional supplement drink with increased levels of protein and vitamin D compared to standard supplements. Also contains fructo-oligosaccharides (FOS).

This product is suitable as a nutritional supplement, to be used under medical supervision. Dosage recommendation: 2 bottles per day. Do not exceed 4 servings per day.

INDICATIONS / COMMUNITY USE

Suitable for malnourished or nutritionally at-risk patients with:

- Poor muscle mass
- Pulmonary rehabilitation
- Poor wound healing (e.g. surgical wounds)
- Congestive heart failure
- Acute myocardial infarction
- Pneumonia
- Chronic obstructive pulmonary disease
- Cancer

Available on the GMS (General Medical Services) Scheme.
No HSE Online Application Approval required.

STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled unless bolus feeding is indicated, in which case the product should be administered at room temperature.
- Once opened, cover, refrigerate and discard unused feed after 24 hours.
- Ensure Plus Advance bottles will attach to all Abbott giving sets.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Not intended for use in children unless recommended by a healthcare professional.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, hydrolysed corn starch, **milk** proteins, sucrose, vegetable oils (canola, corn), **soy** protein isolate, minerals (potassium citrate, sodium citrate, calcium phosphate tribasic, magnesium carbonate, potassium chloride, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, potassium iodide, chromium chloride, sodium selenate), fructo-oligosaccharides (FOS), calcium β -hydroxy-methylbutyrate monohydrate (CaHMB), flavouring, emulsifier: **soy** lecithin, stabilisers (E460, E466, E418), choline chloride, vitamins (C, E, niacinamide, calcium pantothenate, beta carotene, B₆, B₁, B₂, vitamin A palmitate, folic acid, K₁, D₃, biotin, B₁₂), L-carnitine.

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density	1.5 kcal/ml
Energy distribution (%):	
Protein	24.3%
Carbohydrate	44.8%
Fat	28.8%
Fibre (FOS)	1.00%
HMB	1.10%
Renal solute load	671 mOsm/l
Osmolarity	557 mOsm/l
Osmolality	730 mOsm/kg H ₂ O
Gluten free?	✓
Clinically lactose free?	✗
Milk free?	✗
Suitable for vegetarians?	✓ ^{1,2}
Suitable for Halal diet?	✓ Except vanilla flavour
Suitable for Kosher diet?	✓ Except strawberry flavour

For suitability for other diets and “free from” information, please contact the Freephone Nutrition Helpline on 1800 411 411.

1. Strawberry flavour contains E120 (cochineal) which some people may consider to be a meat product.
2. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

*Compared to standard supplements. **Fructo-oligosaccharides.
***Calcium β -hydroxy- β -methylbutyrate monohydrate.

References available on request. May 2022



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5 FLAVOURS

GMS APPROVED

1.5kcal/mL high energy, high protein, oral nutrition rich in vitamin D, containing CaHMB* and FOS[^]. For the dietary management of disease-related malnutrition and poor muscle mass.

NUTRITIONAL INFORMATION	UNIT	PER 100mL	PER BOTTLE (220mL)
Energy	kJ	631	1388
	kcal	150	330
Protein (nitrogen)	g	9.1 (1.46)	20 (3.2)
Carbohydrate	g	16.8	37
of which sugars	g	6.8	15.0
Fat	g	4.8	11
of which saturates	g	0.45	0.99
Fibre	g	0.75	1.7
of which FOS [^]	g	0.75	1.7
CaHMB*	g	0.68	1.5
HMB†	g	0.55	1.2
Salt	g	0.38	0.84

VITAMINS

Vitamin A (RE)	µg	120	264
of which β-carotene (RE)	µg	60	132
Vitamin D ₃	µg (IU)	5.7 (227)	13 (500)
Vitamin E (α TE)	mg	2.5	5.5
Vitamin K ₁	µg	15	33
Vitamin C	mg	16	35
Folic Acid	µg	35	77
Thiamin (Vitamin B ₁)	mg	0.26	0.57
Riboflavin (Vitamin B ₂)	mg	0.32	0.7
Vitamin B ₆	mg	0.30	0.66
Vitamin B ₁₂	µg	0.65	1.4
Niacin (NE)	mg	3	6.6
Pantothenic Acid	mg	1.1	2.4
Biotin	µg	6	13

MINERALS

Sodium	mg (mmol)	150 (6.52)	330 (14.3)
Potassium	mg (mmol)	270 (6.91)	594 (15.2)
Magnesium	mg (mmol)	25 (1.03)	55 (2.29)
Phosphate	mg (mmol)	118 (3.81)	260 (8.32)
Calcium	mg (mmol)	227 (5.66)	499 (12.5)
Chloride	mg (mmol)	63 (1.78)	139 (3.92)
Iron	mg	2.1	4.6
Zinc	mg	1.75	3.9
Manganese	mg	0.45	0.99
Copper	mg	0.25	0.54
Iodine	µg	22	48
Selenium	µg	9.0	20
Chromium	µg	8.5	19
Molybdenum	µg	15	33
Choline	mg	70	154
L-carnitine	mg	18	40
Osmolality	mOsm/kg H ₂ O		730
Osmolality	mOsm/litre		557
Water	g	76.5	168
Renal solute load	mOsm/litre		671

ORDER CODES

Banana: S556 Chocolate: S557 Coffee: S756 Strawberry: S757 Vanilla: S558