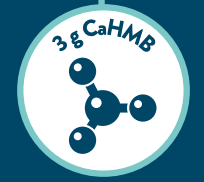


Ensure<sup>®</sup>  
PLUS  
ADVANCE

GIVE ME  
STRENGTH<sup>1-3,6†‡</sup>



## CHOOSE NUTRITION WITH EVIDENCE:

- The only high-protein ONS\* in Ireland that contains additional vitamin D and CaHMB<sup>^</sup>
- Clinically proven to protect and preserve muscle mass and muscle function in older adults<sup>1-5†‡</sup>
- Recommended in the HSE COVID-19 Nutrition Support Pathway for Residential Care Facilities for Older Persons

✓ NO PCRS APPROVAL REQUIRED ✓ GMS APPROVED

For more information, to request samples, or to live chat with a dietitian, visit [www.abbottnutrition.ie](http://www.abbottnutrition.ie)

† As shown in a randomised control trial to investigate the effects of a specialised ONS on older women (≥65 years) who underwent surgery for hip fracture vs. standard postoperative nutrition. Muscle function was measured by hand grip strength. ‡ Ensure Plus Advance was shown to preserve muscle mass in elderly patients after hip fracture surgery with rehabilitation when consumed twice a day for 30 days as compared to standard care. § Dosage recommended for clinical improvements in nutritionally at-risk patients with poor muscle mass, pulmonary rehabilitation, poor wound healing, congestive heart failure, acute myocardial infarction, pneumonia, COPD and in older patients. \* Oral Nutritional Supplement ^ Calcium β-hydroxy-β-methylbutyrate.



# WHY CHOOSE ENSURE PLUS ADVANCE?



NO PCRS APPROVAL REQUIRED

GMS APPROVED

2 bottles contain:

	ENSURE PLUS ADVANCE	Fortisip Compact Protein	Cubitan
Energy	660 kcals	600 kcals	496 kcals
Protein	40 g	36 g	35.2 g
Vitamin D	26 µg	5.2 µg	5.2 µg
Ca-HMB <sup>^</sup>	✓	✗	✗

“ *Ensure Plus Advance is my favourite new product of recent years. Patients love the lightness and the taste of it... especially the coffee flavour. And I love the protein and nutrient content.* ”  
*Senior Dietitian, Munster*

## SAMPLING MADE EASY!

- Samples delivered directly to patient
- To order samples call Dietetic Helpline on **1800 411 411** or visit [www.abbottnutrition.ie](http://www.abbottnutrition.ie)
- To **live chat with a dietitian** visit [www.abbottnutrition.ie](http://www.abbottnutrition.ie)

**Ensure<sup>®</sup> PLUS ADVANCE**



BANANA



CHOCOLATE



COFFEE



STRAWBERRY



VANILLA

<sup>^</sup> Calcium β-hydroxy-β-methylbutyrate. HMB is a substrate for protein synthesis. HMB, along with protein, helps reduce protein degradation, providing the beneficial effects of protecting and preserving muscle mass and muscle function.

References: 1. Ekinci O et al. *Nutr Clin Pract* 2016; 31(6): 829-835. 2. Malafarina V et al. *Maturitas* 2017;101:42-50. 3. Cramer JT et al. *J Am Med Dir Assoc.* 2016;17(11):1044-1055. 4. Sanz-Paris et al., *J Nutr Health Aging* 2018;22(6):664-675. 5. Deutz et al., *Clin Nutr.* 2016;35(1):18-26. 6. de Luis et al., *Nutr Hosp* 2015;32:202-207

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