

# ABBOTT PRODUCTS: STANDARD ORAL NUTRITIONAL SUPPLEMENTS



**ENSURE PLUS  
ADVANCE**



**ENSURE  
COMPACT**



**ENSURE PLUS  
HP**



**GLUCERNA ADVANCE  
1.6 KCAL**



**ENSURE  
SHAKE**



**ENSURE  
TWO CAL**



**ENSURE  
PLUS**



**ENSURE PLUS  
FIBRE**



**ENSURE PLUS  
JUICE**



**ENSHAKE**

PCRS STATUS

PCRS APPROVAL NOT REQUIRED

PCRS APPROVAL REQUIRED

PRODUCT DESCRIPTION

**1.5kcal/mL**  
High protein milkshake style nutritional drink with CaHMB<sup>†</sup> and additional\* Vitamin D

**2.4kcal/mL**  
Nutritionally complete, milkshake style nutritional drink

**1.25kcal/mL**  
High protein milkshake style nutritional drink

**1.6kcal/mL** High protein milkshake style nutritional drink with CaHMB<sup>†</sup>, FOS, slow release carbohydrate, and vitamin D

**1.6kcal/mL**  
High Energy, powdered nutritional supplement mix

**2.0kcal/mL**  
Nutritionally complete, milkshake style nutritional drink with fibre and FOS<sup>‡</sup>

**1.5kcal/mL**  
Nutritionally complete, milkshake style nutritional drink

**1.55kcal/mL**  
Nutritionally complete milkshake style nutritional drink with mixed fibre and FOS<sup>‡</sup>

**1.5kcal/mL**  
Juice style nutritional drink

**1.94kcal/mL**  
High energy, powdered nutritional drink (Enshake may also be added to foods as a 'fortifier')

PER PACK

	1.5kcal/mL	2.4kcal/mL	1.25kcal/mL	1.6kcal/mL	1.6kcal/mL	2.0kcal/mL	1.5kcal/mL	1.55kcal/mL	1.5kcal/mL	1.94kcal/mL
ENERGY kcal/mL	1.5	2.4	1.25	1.6	1.6#	2	1.5	1.55	1.5	1.94#
ENERGY kcal	330	300	250	355	386	399	300	310	330	602
PROTEIN g	20	12.8	15.8	18.3	17.2	16.8	12.5	12.5	10.6	16.0
PROTEIN (% en)	24.3	17	25.3	20.6	16.3	16.8	16.7	16.1	12.8	11.2
CARBOHYDRATE g	37	36	31.8	28.1	43.2	42	40.4	40.4	71.9	78.9
FAT g	11	11.7	6.6	18.2	16	17.8	9.8	9.84	-	24.7
FIBRE g	1.7	-	-	4.2	-	2	-	5	-	-
FOS <sup>‡</sup> g	1.7	-	-	2.2	-	2	-	2.5	-	-
VITAMIN D <sub>3</sub> µg (IU)	13 (500)	3.8 (150)	2.2 (88)	7.0 (282)	5.00 (201)	3.4 (136)	4 (160)	3.4 (136)	1.1 (42)	6.3 (254)
SODIUM mg (mmol)	330 (14.3)	181 (7.9)	256 (11.1)	308 (13.4)	243 (10.6)	160 (6.96)	184 (8)	170 (7.39)	15 (0.66)	458 (19.9)
POTASSIUM mg (mmol)	594 (15.2)	269 (6.9)	440 (11.3)	363 (9.28)	699 (17.9)	350 (8.96)	320 (8.18)	270 (6.92)	42 (1.08)	771 (19.7)
PHOSPHATE mg (mmol)	260 (8.32)	213 (6.9)	176 (5.7)	194 (6.25)	443 (14.3)	240 (7.74)	200 (6.46)	138 (4.42)	22 (0.7)	359 (11.6)
OSMOLALITY (mOsm/kg H <sub>2</sub> O)	730	1,052	650	945	959	750	660	730	945	1,050

NUTRITIONALLY COMPLETE VOLUME\*

	1.5kcal/mL	2.4kcal/mL	1.25kcal/mL	1.6kcal/mL	1.6kcal/mL	2.0kcal/mL	1.5kcal/mL	1.55kcal/mL	1.5kcal/mL	1.94kcal/mL
FEMALE 19-50YRS (mL)	500	1,233	1,233			875	900	1,000		
MALE 19-50YRS (mL)	625	1,442	1,154		Not suitable as a sole source of nutrition	875	1,000	1,000	Not suitable as a sole source of nutrition	Not suitable as a sole source of nutrition
FEMALE >50YRS (mL)	500	1,154	1,091			875	900	1,000		
MALE >50YRS (mL)	625	1,442	1,154			875	1,000	1,000		

	1.5kcal/mL	2.4kcal/mL	1.25kcal/mL	1.6kcal/mL	1.6kcal/mL	2.0kcal/mL	1.5kcal/mL	1.55kcal/mL	1.5kcal/mL	1.94kcal/mL
PACK SIZE	220mL bottle	125mL bottle	200mL bottle	220mL bottle	57g Powder Sachet reconstituted with 200mL whole milk	200mL bottle	200mL bottle	200mL bottle	220mL bottle	96.5g powder sachet when reconstituted with 240mL whole milk (310mL serving)
PRODUCT CODES	Banana S556, Chocolate S557, Coffee S756, Strawberry S757, Vanilla S558	Banana S603, Café Latte S811, Strawberry S602, Vanilla S601	Strawberry M819, Vanilla M818	Vanilla J029, Strawberry J030, Coffee J031	Banana S638, Chocolate S637, Strawberry S636, Vanilla S635	Banana S163, Neutral S165, Strawberry S166, Vanilla S164	Banana S262, Chocolate S256, Fruits of the Forest S264, Strawberry S257, Vanilla S260,	Banana M702, Chocolate M700, Raspberry M701, Strawberry P756, Vanilla M699	Apple P597, Fruit Punch P591, Lemon & Lime P593, Orange P594, Peach P595, Strawberry P590	Banana P512, Chocolate P510, Strawberry P511, Vanilla P509
GMS APPROVED	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
ADDITIONAL INFORMATION <sup>§</sup>	GF V	GF V	GF LF V	GF LF V	GF V	GF V	GF LF V	GF LF V	GF LF V	GF V

GF Gluten-free LF Lactose-free<sup>†</sup> V Vegetarian<sup>‡</sup>

**FOR HEALTHCARE PROFESSIONAL USE ONLY**

<sup>†</sup>Fructooligosaccharides. <sup>‡</sup>Calcium β-Hydroxy-β-methylbutyrate. \* Increased levels of vitamin D compared to standard supplements (i.e. Ensure Plus which contains 4 µg per bottle). #Prepared as directed (see 'pack size' row for directions). <sup>‡</sup>Please note that Abbott Nutrition regard products containing less than 2000 mg lactose per litre (as fed) as being 'clinically lactose free'. <sup>§</sup>Nutritionally complete volumes based on UK DRVs (Department of Health, 1991), excluding electrolytes (sodium, potassium, chloride). Complete in volumes for Ensure Compact also exclude magnesium. <sup>†</sup> Dosage recommended for clinical improvements in nutritionally at-risk patients with poor muscle mass, pulmonary rehabilitation, poor wound healing, congestive heart failure, acute myocardial infarction, pneumonia and COPD. Do not exceed 4 servings per day when prescribed Ensure Plus Advance. <sup>§</sup> Abbott products listed as suitable for vegetarians contain Vitamin D which is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep. The following products contains E120 (cochineal) which some people may consider to be a meat product: Ensure Compact 125ml strawberry flavour, Ensure Plus Advance 220ml strawberry flavour, Ensure Plus HP 200ml strawberry flavour, Glucerna Advance 1.6kcal strawberry flavour, Ensure TwoCal 200ml strawberry flavour, Ensure Plus juice 220ml strawberry, Glucerna Advance 1.6kcal strawberry, Ensure Plus 200ml strawberry and fruits of the forest flavour, Ensure Plus Fibre 200ml strawberry and raspberry flavour.



# ABBOTT PRODUCTS: SPECIALISED ORAL NUTRITIONAL SUPPLEMENTS



PROSURE



NEPRO HP



VITAL 1.5 KCAL

PCRS STATUS **PCRS APPROVAL NOT REQUIRED**

PRODUCT DESCRIPTION	1.27kcal/mL High energy, high protein, complete nutrition with Omega-3 (EPA).	1.8kcal/mL High protein supplement for patients requiring electrolyte and fluid restrictions	1.5kcal/mL Peptide based supplement for patients with conditions resulting in malabsorption
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PER PACK

	1.27kcal/mL	1.8kcal/mL	1.5kcal/mL
ENERGY kcal/mL	1.27	1.8	1.5
ENERGY kcal	280	396	300
PROTEIN g	14.63	17.82	13.5
PROTEIN (% en)	20.9	18.0	18.0
CARBOHYDRATE g	40.33	32.43	36.8
FAT g	5.63	21.49	11
FIBRE g	4.55	2.77	-
FOS <sup>†</sup> g	2.42	1.85	-
VITAMIN D <sub>3</sub> µg (IU)	3.7 (148)	2.5 (100)	2 (80)
SODIUM mg (mmol)	253 (11.0)	154 (6.7)	338 (14.7)
POTASSIUM mg (mmol)	385 (9.9)	233 (5.96)	400 (10.2)
PHOSPHATE mg (mmol)	176 (5.7)	158 (5.11)	200 (6.4)
OSMOLALITY (mOsm/kg H <sub>2</sub> O)	753	735	630

NUTRITIONALLY COMPLETE VOLUME\*

	1.27kcal/mL	1.8kcal/mL	1.5kcal/mL
FEMALE 19-50YRS (mL)		1,286	1,000
MALE 19-50YRS (mL)	Dosage recommendation: 2 bottles per day as a supplement. Follow medical recommendations when used as a sole source nutrition.	1,429	1,000
FEMALE >50YRS (mL)		1,286	1,000
MALE >50YRS (mL)		1,429	1,000
PACK SIZE		220mL bottle	220mL bottle
PRODUCT CODES	Vanilla S712	Strawberry S552, Vanilla S551	Café Latte S783, Mixed Berry S784, Vanilla S298
GMS APPROVED	✓	✓	✓
ADDITIONAL INFORMATION <sup>‡§</sup>	GF LF V	GF LF V	GF LF V

## CONTACT US

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01 469 1530 or [abbott\\_nutrition\\_irl@abbott.com](mailto:abbott_nutrition_irl@abbott.com)
- Access Abbott website at [www.abbottnutrition.ie](http://www.abbottnutrition.ie) for:



Live chat with Dietitian



FreeGo Pump Demonstration Video



Sample Requests



Product Recipes

GF Gluten-free LF Lactose-free<sup>†</sup> V Vegetarian<sup>§</sup>

### FOR HEALTHCARE PROFESSIONAL USE ONLY

<sup>†</sup>Fructooligosaccharides. <sup>‡</sup>Eicosapentaenoic acid. <sup>\*</sup>Nutritionally complete volumes based on UK DRVs (Department of Health, 1991), excluding electrolytes (sodium, potassium, chloride). <sup>§</sup>Please note that Abbott Nutrition regard products containing less than 2000 mg lactose per litre (as fed) as being 'clinically lactose free'. <sup>§</sup>Abbott products listed as suitable for vegetarians contain Vitamin D which is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep. Vital 1.5kcal 200ml mixed berry flavour, and Nepro HP 220ml strawberry flavour contain E120 (cochineal) which some people may consider to be a meat product.

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