

# Jevity Plus

1.2 kcal/ml complete balanced nutrition with mixed fibre and FOS\*

FOR HEALTHCARE PROFESSIONAL USE ONLY

## PRESENTATION

- Presented in 500 ml (611 kcal), 1000 ml (1223 kcal) & 1500 ml (1834 kcal) Ready to Hang (RTH) containers.
- Jevity Plus is unflavoured.

## USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a sole source of nutrition or as a nutritional supplement for patients who cannot or are unable to eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 1250 ml (excluding electrolytes, calculated using the UK Reference Nutrient Intake for men aged 19-50 years). EFSA Dietary Reference Values available on request.

## INDICATIONS / COMMUNITY USE

For the dietary management of patients with, or at risk of developing, disease-related malnutrition. For tube feeding.

Available on the GMS (General Medical Services) Scheme.

No HSE Online Application Approval required.

## STORAGE

- Store unopened at room temperature.
- Avoid prolonged exposure to light.
- Once opened, unused product should be resealed and stored in a refrigerator.
- Unused contents should be discarded after 24 hours.

## DIRECTIONS FOR USE

- Ready for use. SHAKE WELL.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available for use.

## PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Not intended for use in children unless recommended by a physician or other qualified healthcare professional.

## CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

## INGREDIENTS

Water, maltodextrin, **milk** proteins, vegetable oils (high oleic sunflower, canola, corn, MCT\*\* from palm kernel oil), **soy** protein isolate, fructo-oligosaccharides, minerals (potassium chloride, sodium citrate, potassium citrate, magnesium phosphate dibasic, calcium carbonate, calcium phosphate tribasic, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, potassium iodide, sodium selenate), **soy** polysaccharide, **oat** fibre, gum arabic, carboxy methyl cellulose, emulsifier: **soy** lecithin, choline chloride, vitamins (C, E, niacinamide, calcium pantothenate, B<sub>6</sub>, B<sub>1</sub>, B<sub>2</sub>, vitamin A palmitate, beta carotene, D<sub>3</sub>, folic acid, K<sub>1</sub>, biotin, B<sub>12</sub>), taurine, L-carnitine.

## GENERAL INFORMATION

Energy density 1.2 kcal/ml

Energy distribution:

Protein	18.2%
Carbohydrate	49.3%
Fat	28.9%
Fibre (FOS)	3.60%

Renal solute load 453 mOsm/L

Osmolarity 361 mOsm/L

Osmolality 449 mOsm/kg H<sub>2</sub>O

Gluten free? ✓

Clinically lactose free? ✓<sup>1</sup>

Milk free? ✗

Suitable for vegetarians? ✓<sup>2</sup>

Suitable for halal diets? ✓

Suitable for kosher diets? ✓

For suitability for other diets and free-from information, please contact the Freephone Dietetic Helpline on 1800 411 411.

1. Typical lactose value: 145 mg/L  
2. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

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## NUTRITION INFORMATION

	units	per 100 ml
<b>Energy</b>	kJ	514
	kcal	122
Fat	g	3.93
- of which saturates	g	0.95
- of which MCT**	g	0.70
Carbohydrate	g	15.07
- of which sugars	g	0.75
Fibre	g	2.20
- of which FOS	g	1.00
Protein (nitrogen)	g	5.55 (0.89)
Salt	g	0.27

### Vitamins

Vitamin A (RE)	µg	84
- of which β-carotene (RE)	µg	33
Vitamin D <sub>3</sub>	µg (IU)	1.0 (40)
Vitamin E (α TE)	mg	2.4
Vitamin K <sub>1</sub>	µg	8.0
Vitamin C	mg	12
Folic acid	µg	30
Thiamin (vitamin B <sub>1</sub> )	mg	0.19
Riboflavin (vitamin B <sub>2</sub> )	mg	0.21
Vitamin B <sub>6</sub>	mg	0.26
Vitamin B <sub>12</sub>	µg	0.35
Niacin (NE)	mg	2.2
Pantothenic acid	mg	1.0
Biotin	µg	5.2

### Minerals and other nutrients

Sodium	mg (mmol)	108 (4.70)
Potassium	mg (mmol)	185 (4.73)
Chloride	mg (mmol)	150 (4.23)
Calcium	mg (mmol)	80 (2.00)
Phosphorus (phosphate)	mg (mmol)	80 (2.58)
Magnesium	mg (mmol)	24 (0.99)
Iron	mg	1.8
Zinc	mg	1.4
Manganese	mg	0.42
Copper	mg	0.20
Iodine	µg	15
Selenium	µg	7.5
Chromium	µg	8.0
Molybdenum	µg	13
Taurine	mg	15
Carnitine	mg	9.6
Choline	mg	60

Water	g	80.7
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## PROTEIN & AMINO ACIDS

	g/100 g protein	g/100 ml
<b>Protein source</b>		
Sodium caseinate	55.0	3.05
Calcium caseinate	25.0	1.39
Soy protein isolate	20.0	1.11

### Amino acids

#### - Essential

Histidine	2.55	0.14
Isoleucine	4.62	0.26
Leucine	8.77	0.49
Lysine	7.07	0.39
Methionine	2.29	0.13
Phenylalanine	4.93	0.27
Threonine	4.04	0.22
Tryptophan	1.16	0.06
Valine	5.72	0.32

#### - Non-essential and conditionally essential

Alanine	3.16	0.18
Aspartic acid	3.42	0.19
Cystine	0.57	0.03
Glutamic acid	11.14	0.62
Glycine	2.33	0.13
Proline	9.28	0.52
Serine	5.49	0.30
Tyrosine	4.87	0.27
Asparagine	4.56	0.25
Glutamine	9.72	0.54
Arginine	4.29	0.24

Non-protein calorie: N	115 :1
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## CARBOHYDRATES

	% total carbohydrates	g/100 ml
<b>Carbohydrate source</b>		
Maltodextrin	99.37	14.98
Oat Fibre	0.12	0.02
Arabic gum	0.05	0.01
Fructo-oligosaccharide	0.30	0.05
Soy fibre	0.15	0.02
Carboxy methyl cellulose	0.01	trace

## FIBRE

	% total fibre	g/100 ml
<b>Fibre source</b>		
Oat fibre	16.38	0.36
Soy fibre	24.57	0.54
Gum arabic	9.56	0.21
Carboxymethyl cellulose	4.10	0.09
Fructo-oligosaccharide	45.39	1.0

Soluble fibre content: 59% Insoluble fibre content: 41%

## FAT & FATTY ACIDS

	% total fatty acids	g/100 ml
<b>Fat source</b>		
High oleic sunflower oil	29.25	1.14
Canola oil	29.25	1.14
MCT** from palm kernel oil	19.50	0.76
Corn oil	19.50	0.76
Lecithin	2.50	0.09

		g/100 g fat	g/100 ml
<b>Fatty acids</b>			
<b>- Essential</b>			
Linoleic acid	C18:2	19.41	0.75
Linolenic acid	C18:3	2.89	0.11
<b>- Monounsaturated</b>			
Palmitoleic acid	C16:1	0.12	trace
Oleic acid	C18:1	46.33	1.80
Gadoleic acid	C20:1	0.48	0.02
Erucic acid	C22:1	0.21	0.01
<b>- Saturated</b>			
Caproic acid	C6:0	0.09	trace
Caprylic acid	C8:0	10.22	0.40
Capric acid	C10:0	7.63	0.30
Lauric acid	C12:0	0.12	trace
Myristic acid	C14:0	0.05	trace
Palmitic acid	C16:0	4.78	0.19
Margaric acid	C17:0	0.05	trace
Stearic acid	C18:0	1.70	0.07
Arachidic acid	C20:0	0.35	0.01
Behenic acid	C22:0	0.48	0.02
Lignoceric acid	C24:0	0.13	0.01

P/S ratio	0.88
n6:n3 ratio	6.7 : 1

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\*fructo-oligosaccharides  
\*\*medium-chain triglycerides (C6:0 - C12:0)