

# Jevity Plus HP

1.3 kcal/ml complete, balanced, high protein nutrition with mixed fibre and FOS\*

FOR HEALTHCARE PROFESSIONAL USE ONLY

## PRESENTATION

- Presented in 500 ml (655 kcal) Ready to Hang (RTH) containers.
- Jevity Plus HP is unflavoured.

## USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a sole source of nutrition or as a nutritional supplement for patients who cannot or are unable to eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 1200 ml (excluding electrolytes, calculated using the UK Reference Nutrient Intake for men aged 19-50 years). EFSA Dietary Reference Values available on request.

## INDICATIONS / COMMUNITY USE

For the dietary management of patients with, or at risk of developing, disease-related malnutrition. For tube feeding.

Available on the GMS (General Medical Services) Scheme. No HSE Online Application Approval required.

## STORAGE

- Store unopened at room temperature.
- Avoid prolonged exposure to light.
- Once opened, unused product should be resealed and stored in a refrigerator.
- Unused contents should be discarded after 24 hours.

## DIRECTIONS FOR USE

- Ready for use. SHAKE WELL.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available for use.

## PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Not intended for use in children unless recommended by a physician or other qualified healthcare professional.

## CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 2 years of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

## INGREDIENTS

Water, maltodextrin, **milk** proteins, vegetable oils (high oleic sunflower, canola, MCT\*\* from palm kernel oil), fructo-oligosaccharides, **soy** protein isolate, minerals (potassium citrate, sodium citrate, magnesium chloride, potassium chloride, magnesium phosphate dibasic, calcium carbonate, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, potassium iodide, sodium selenate), **oat** fibre, **soy** polysaccharide, emulsifier: **soy** lecithin, gum arabic, choline chloride, cellulose, sodium carboxymethyl cellulose, vitamins (C, E, niacinamide, calcium pantothenate, B<sub>6</sub>, vitamin A palmitate, B<sub>1</sub>, B<sub>2</sub>, beta carotene, folic acid, biotin, K<sub>1</sub>, D<sub>3</sub>, B<sub>12</sub>), taurine, L-carnitine, stabiliser: E418.

## GENERAL INFORMATION

Energy density 1.3 kcal/ml

Energy distribution:

Protein	24.81%
Carbohydrate	43.18%
Fat	29.72%
Fibre (FOS)	2.29%

Renal solute load 577 mOsm/L

Osmolarity 305 mOsm/L

Osmolality 385 mOsm/kg H<sub>2</sub>O

Gluten free? ✓

Clinically lactose free? ✓<sup>1</sup>

Milk free? ✗

Suitable for vegetarians? ✓<sup>2</sup>

Suitable for halal diets? ✓

Suitable for kosher diets? ✓

For suitability for other diets and free-from information, please contact the Freephone Dietetic Helpline on 1800 411 411.

1. Lactose value: 300 mg/L

2. Vitamin D<sub>3</sub> is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

\*fructo-oligosaccharides  
\*\*medium-chain triglycerides (C6:0 - C12:0)

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## NUTRITION INFORMATION

	units	per 100 ml
<b>Energy</b>	kJ	551
	kcal	131
<b>Fat</b>	g	4.33
- of which saturates	g	1.00
- of which MCT**	g	0.76
<b>Carbohydrate</b>	g	14.15
- of which sugars	g	0.70
<b>Fibre</b>	g	1.50
- of which FOS	g	1.00
<b>Protein (nitrogen)</b>	g	8.13 (1.30)
<b>Salt</b>	g	0.25

<b>Vitamins</b>		
Vitamin A (RE)	µg	150
- of which β-carotene (RE)	µg	30
Vitamin D <sub>3</sub>	µg (IU)	0.90 (36)
Vitamin E (α TE)	mg	2.3
Vitamin K <sub>1</sub>	µg	7.0
<b>Vitamin C</b>	mg	20
Folic acid	µg	30
Thiamin (vitamin B <sub>1</sub> )	mg	0.20
Riboflavin (vitamin B <sub>2</sub> )	mg	0.28
Vitamin B <sub>6</sub>	mg	0.29
Vitamin B <sub>12</sub>	µg	0.60
Niacin (NE)	mg	2.8
Pantothenic acid	mg	1.0
Biotin	µg	6.0

<b>Minerals and other nutrients</b>		
Sodium	mg (mmol)	100 (4.35)
Potassium	mg (mmol)	130 (3.32)
Chloride	mg (mmol)	130 (3.67)
Calcium	mg (mmol)	115 (2.87)
Phosphorus (phosphate)	mg (mmol)	85 (2.74)
Magnesium	mg (mmol)	25 (1.03)
Iron	mg	1.6
Zinc	mg	1.7
Manganese	mg	0.40
Copper	mg	0.20
Iodine	µg	16
Selenium	µg	8.5
Chromium	µg	7.0
Molybdenum	µg	12

Choline	mg	60
Taurine	mg	15
Carnitine	mg	12

Water	g	79.49
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\*fructo-oligosaccharides

\*\*medium-chain triglycerides (C6:0 - C12:0)

## PROTEIN & AMINO ACIDS

	g/100 g protein	g/100 ml
<b>Protein source</b>		
Milk protein concentrate	40.0	3.25
Calcium caseinate	30.0	2.44
Sodium caseinate	20.0	1.63
Soy protein isolate	10.0	0.81
<b>Amino acids</b>		
<b>- Essential</b>		
Histidine	2.58	0.21
Isoleucine	4.91	0.40
Leucine	8.82	0.72
Lysine	7.42	0.60
Methionine	2.43	0.20
Phenylalanine	4.76	0.39
Threonine	4.29	0.35
Tryptophan	1.31	0.11
Valine	5.99	0.49
<b>-Non-essential and conditionally essential</b>		
Alanine	3.09	0.25
Aspartic acid	3.43	0.28
Cystine	0.56	0.05
Glutamic acid	10.22	0.83
Glycine	2.03	0.17
Proline	9.59	0.78
Serine	5.43	0.44
Tyrosine	4.98	0.40
Asparagine	4.07	0.33
Glutamine	10.24	0.83
Arginine	3.85	0.31

Non-protein calorie: N 77 :1

## CARBOHYDRATES

	% total carbohydrates	g/100 ml
<b>Carbohydrate source</b>		
Maltodextrin	89.42	12.65
Carboxymethyl cellulose	0.18	0.03
Fructo-oligosaccharide	6.84	0.97
Oat Fibre	1.54	0.22
Soy fibre	1.02	0.14
Arabic gum	0.59	0.08

## FIBRE

	% total fibre	g/100 ml
<b>Fibre source</b>		
Oat fibre	14.93	0.22
Soy fibre	9.96	0.15
Gum arabic	5.81	0.09
Carboxymethyl cellulose	2.49	0.04
Fructo-oligosaccharide	66.85	1.00
Soluble fibre content: 75%      Insoluble fibre content: 25%		

## FAT & FATTY ACIDS

	% total fatty acids		g/100 ml
<b>Fat source</b>			
High oleic sunflower oil	48.80		2.11
Canola oil	29.30		1.27
MCT** from palm kernel oil	19.50		0.84
Lecithin	2.40		0.10
<b>Fatty acids</b>			
<b>- Essential</b>			
Linoleic acid	C18:2	10.27	0.44
Linolenic acid	C18:3	2.75	0.12
<b>- Monounsaturated and other fatty acids</b>			
Palmitoleic acid	C16:1	0.09	trace
Oleic acid	C18:1	56.76	2.41
Gadoleic acid	C20:1	0.50	0.02
Erucic acid	C22:1	0.21	0.01
<b>- Saturated</b>			
Caproic acid	C6:0	0.09	trace
Caprylic acid	C8:0	10.22	0.43
Capric acid	C10:0	7.63	0.32
Lauric acid	C12:0	0.14	0.01
Palmitic acid	C16:0	3.52	0.15
Margaric acid	C17:0	-	-
Stearic acid	C18:0	1.85	0.08
Arachidic acid	C20:0	0.34	0.01
Behenic acid	C22:0	0.51	0.02
Tricosanoic acid	C23:0	-	-
Lignoceric acid	C24:0	0.17	0.01

P/S ratio 0.54

n6:n3 ratio 3.7: 1

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