

Osmolite HP

1.0 kcal/ml complete, balanced, high-protein liquid nutrition

PRESENTATION

- Presented in 500 ml (502 kcal) Ready to Hang (RTH) containers.
- Osmolite HP is unflavoured.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a sole source of nutrition or as a nutritional supplement for patients who cannot or are unable to eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 1765 ml (excluding electrolytes, calculated using the UK Reference Nutrient Intake for men aged 19-50 years). EFSA Dietary Reference Values available on request.

INDICATIONS / COMMUNITY USE

For the dietary management of patients with, or at risk of developing, disease-related malnutrition. With increased protein, zinc and vitamins A and C compared to standard feeds. For tube feeding.

Available on the GMS (General Medical Services) Scheme. No HSE Online Application Approval required.

STORAGE

- Store unopened at room temperature.
- Avoid prolonged exposure to light.
- Once opened, unused product should be resealed and stored in a refrigerator.
- Unused contents should be discarded after 24 hours.

DIRECTIONS FOR USE

- Ready for use. SHAKE WELL.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available for use.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Not intended for use in children unless recommended by a physician other qualified healthcare professional.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, **milk** proteins, vegetable oils (high oleic sunflower, canola, MCT* from palm kernel oil), sucrose, minerals (potassium chloride, potassium citrate, sodium citrate, calcium citrate, magnesium phosphate dibasic, magnesium sulphate, zinc sulphate, calcium phosphate dibasic, potassium phosphate dibasic, ferrous sulphate, calcium carbonate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, sodium selenate, potassium iodide), **soy** protein isolate, flavouring, stabilisers (E460, E466, E418), emulsifier: **soy** lecithin, vitamins (C, E, niacinamide, calcium pantothenate, vitamin A palmitate, B₁, B₂, B₆, folic acid, K₁, biotin, D₃, B₁₂), choline chloride, taurine, L-carnitine.

GENERAL INFORMATION

Energy density	1.0 kcal/ml
Energy distribution:	
Protein	24.93%
Carbohydrate	51.77%
Fat	23.30%
Renal solute load	484 mOsm/L
Osmolarity	269 mOsm/L
Osmolality	319 mOsm/kg H ₂ O
Gluten free?	✓
Clinically lactose free?	✓ ¹
Milk free?	✗
Suitable for vegetarians?	✓ ²
Suitable for halal diets?	✗
Suitable for kosher diets?	✓

For suitability for other diets and free-from information, please contact the Freephone Dietetic Helpline on 1800 411 411.

1. Typical lactose value: 131 mg/mL
2. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep

*medium-chain triglycerides (C6:0 - C12:0)

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GMS APPROVED

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NUTRITIONAL INFORMATION	UNIT	PER 100mL
Energy	kJ	424
	kcal	100
Protein (nitrogen)	g	6.26 (1)
Carbohydrate	g	13.0
of which sugars	g	1.4
Fat	g	2.60
of which saturates	g	0.7
Fibre	g	0
Salt	g	0.23
VITAMINS		
Vitamin A (RE)	µg	212
Vitamin D ₃	µg (IU)	0.80 (32)
Vitamin E (α TE)	mg	2.1
Vitamin K ₁	µg	6.4
Vitamin C	mg	43
Folic Acid	µg	20
Thiamin (Vitamin B ₁)	mg	0.18
Riboflavin (Vitamin B ₂)	mg	0.20
Vitamin B ₆	mg	0.18
Vitamin B ₁₂	µg	0.31
Niacin (NE)	mg	1.9
Pantothenic Acid	mg	0.60
Biotin	µg	3.3
MINERALS		
Sodium	mg (mmol)	92 (4.00)
Potassium	mg (mmol)	200 (5.12)
Magnesium	mg (mmol)	17 (0.70)
Phosphate	mg (mmol)	67 (2.16)
Calcium	mg (mmol)	72 (1.80)
Chloride	mg (mmol)	126 (3.55)
Iron	mg	1.4
Zinc	mg	2.6
Manganese	mg	0.35
Copper	mg	0.16
Iodine	µg	12
Selenium	µg	6.0
Chromium	µg	6.8
Molybdenum	µg	12
Choline	mg	48
Taurine	mg	12
Carnitine	mg	8.0
Osmolality	mOsm/kg H ₂ O	319
Osmolarity	mOsm/litre	269
Water	g/100ml	84.6
Renal solute load	mOsm/litre	484
ORDER CODES		
Osmolite HP RTH: G980 (500mL)		