

# PaediaSure Compact

## 2.4 kcal/ml complete, balanced nutrition for children weighing 8-30 kg

### **PRESENTATION**

- Presented in 4 x 125 ml (301 kcal) bottles.
- Available in banana, strawberry and vanilla flavours.

#### **USES**

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 500 ml for children aged 1-6 years and 571 ml for children aged 7-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands).

EFSA Dietary Reference Values available on request.

#### COMMUNITY USE—PRESCRIPTIONS

Suitable as a sole source of nutrition or as a nutritional supplement for the dietary management of children 8-30 kg (approximately 1-10 years of age) with, or at risk of developing, disease related malnutrition.

Available on the GMS (General Medical Services) Scheme.

#### STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled unless bolus feeding is indicated, in which case the product should be administered at room temperature.
- May also be served as warm drinks. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- PaediaSure range bottles will attach to all Abbott giving sets.

#### **PRECAUTIONS**

- Monitor fluid intake to ensure adequate hydration status.
- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.

#### **CONTRA-INDICATIONS**

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

#### **INGREDIENTS**

Water, hydrolysed corn starch, vegetable oils (high oleic sunflower, soy, MCT from palm kernel oil), milk proteins, minerals (sodium citrate, potassium chloride, magnesium phosphate dibasic, potassium phosphate dibasic, calcium citrate, potassium citrate, magnesium carbonate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), fructooligosaccharides, sucrose, flavouring, emulsifier: soy lecithin, soy polysaccharide, choline bitartrate, vitamins (C, niacinamide, E, calcium pantothenate,  $B_1$ ,  $B_2$ , vitamin A palmitate,  $B_6$ , folic acid, biotin,  $K_1$ ,  $D_3$ ,  $B_{12}$ ), myo-inositol, taurine, L-carnitine.

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

#### **GENERAL INFORMATION**

Energy densit	ty	2.4 kcal/ml	
Energy distril	bution: Protein Carbohydrate Fat Fibre	11.2% 43.5% 44.7% 0.6%	
Renal solute load		585 mOsm/L	
Osmolarity		643 mOsm/L	
Osmolality		994 mOsm/kg H <sub>2</sub> O	
Gluten free?		✓	
Clinically lactose free?		×	
Milk free?		×	
Suitable for vegetarians?		√1	
Suitable for H	Halal diet?	✓	
Suitable for I	Kosher diet?	✓	

For suitability for other diets and free-from information, please contact the Freephone Nutrition Helpline on 1800 411 411



Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

# **PaediaSure Compact**

3 FLAVOURS GMS APPROVED

2.4 kcal/mL complete, balanced nutrition for children weighing 8-30 kg (approximately 1-10 years). For the dietary management of children with, or at risk of developing, disease-related malnutrition.

NUTRITIONAL INFORMATION	UNIT	PER 100mL	PER BOTTLE (125mL)
E	kJ	1007	1258
Energy	kcal	240	301
Protein (nitrogen)	g	6.72 (1.08)	8.40 (1.34)
Carbohydrate	g	26.15	32.7
of which sugars	g	4.30	5.38
Fat	g	11.95	14.9
of which saturates	g	3.3	4.13
of which MCTs*	g	2.3	2.9
Fibre	g	0.73	0.91
of which FOS <sup>*</sup>	g	0.56	0.70
Salt	g	0.28	0.35
VITAMINS			
Vitamin A (RE)	нg	120	150
Vitamin D <sub>3</sub>	µg µg (IU)	2.0 (80)	2.5 (100)
Vitamin E (a TE)	mg	3.4	4.3
Vitamin K <sub>1</sub>	РВ	9.5	12
Vitamin C	mg	15	19
Folic Acid	РВ	36	45
Thiamin (Vitamin B <sub>1</sub> )	mg	0.30	0.38
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.48	0.60
Vitamin B <sub>6</sub>	mg	0.24	0.30
Vitamin B <sub>12</sub>	НВ	0.55	0.69
Niacin (NE)	mg	2.9	3.6
Pantothenic Acid	mg	0.72	0.90
Biotin	РВ	10.0	13
MINERALS			
Sodium	mg (mmol)	110 (4.78)	138 (5.98)
Potassium	mg (mmol)	260 (6.65)	325 (8.31)
Magnesium	mg (mmol)	35 (1.44)	44 (1.80)
Phosphate	mg (mmol)	140 (4.52)	175 (5.65)
Calcium	mg (mmol)	140 (3.49)	175 (4.37)
Chloride	mg (mmol)	150 (4.23)	188 (5.29)
Iron	mg	2.2	2.8
Zinc	mg	2.4	3.0
Manganese	mg	0.20	0.25
Copper	РВ	230	288
lodine	НВ	20	25
Selenium	НВ	7.5	9.4
Chromium	НВ	5.0	6.3
Molybdenum	НВ	10.0	13
Choline	mg	33	41
Taurine	mg	16	20
L-carnitine	mg	4.1	5.1
Inositol	mg	20	25
Fluoride	mg	0.09	0.11
Osmolality	mOsm/kg H₂O		994
Osmolarity	mOsm/litre		643
Water	g	65.3	81.6
Renal solute load	mOsm/litre		585

Banana 125mL: \$866 Strawberry 125mL: \$865 Vanilla 125mL: \$864