

# PaediaSure

1.0 kcal/ml complete, balanced nutrition for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

## PRESENTATION

- Presented in 200 ml (201 kcal) bottles and 500 ml (503 kcal) Ready to Hang (RTH) containers.
- Both presentations are available in vanilla flavour. The 200 ml presentation is also available in banana, strawberry and chocolate flavours.

## USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a sole source of nutrition or as a nutritional supplement for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 1000 ml for children aged 1-6 years and 1250 ml for children aged 7-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands).

EFSA Dietary Reference Values available on request.

## INDICATIONS / COMMUNITY USE

For the dietary management of children with, or at risk of developing, disease-related malnutrition.

Available on the GMS (General Medical Services) Scheme.

## STORAGE & DIRECTIONS FOR SIP FEEDING

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled. May also be served as warm drinks. Do not boil.
- Once opened, unused product should be covered/resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.
- Date and time of opening can be recorded on the lid sticker.

## DIRECTIONS FOR TUBE FEEDING

- Ready for use.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available.
- Bottles will attach to all Abbott giving sets.

## PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Do not make any additions to the feed without consulting your pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene.

## CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

## INGREDIENTS

Water, maltodextrin, vegetable oils (high oleic sunflower, soy, MCT from palm kernel oil), sucrose, **milk** proteins, minerals (sodium citrate, magnesium chloride, potassium chloride, potassium phosphate dibasic, potassium citrate, calcium phosphate tribasic, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), flavouring, emulsifiers (E471, E322: **soy** lecithin), choline bitartrate, stabiliser: E415, vitamins (C, E, niacinamide, calcium pantothenate, B<sub>2</sub>, B<sub>1</sub>, vitamin A palmitate, B<sub>6</sub>, folic acid, biotin, K<sub>1</sub>, D<sub>3</sub>, B<sub>12</sub>), myo-inositol, taurine, L-carnitine.

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

## GENERAL INFORMATION

Energy density	1.0 kcal/ml
Energy distribution:	
Protein	11.1%
Carbohydrate	44.4%
Fat	44.5%
Renal solute load	259 mOsm/L
Osmolarity	273 mOsm/L
Osmolality	320 mOsm/kg H <sub>2</sub> O
Gluten free?	✓
Clinically lactose free?	✓ <sup>1</sup>
Milk free?	✗
Suitable for vegetarians?	✓ <sup>2</sup>
Suitable for Halal diet?	✓
Suitable for Kosher diet?	✓

For suitability for other diets and free-from information, please contact the Freephone Nutrition Helpline on 1800 411 411.

1. Typical lactose content <2,000 mg/L

2. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

# PaediaSure

4 FLAVOURS

GMS APPROVED

1.0kcal/mL complete and balanced oral nutritional supplement and tube feed for children weighing 8-30kg (approximately 1-10 years). For the dietary management of children with, or at risk of developing, disease-related malnutrition.

NUTRITIONAL INFORMATION	UNIT	PER 100mL	PER BOTTLE (200mL)
Energy	kJ	422	843
	kcal	101	201
Protein (nitrogen)	g	2.8 (0.45)	5.60 (0.90)
Carbohydrate	g	11.2	22
of which sugars	g	3.7	7.4
Fat	g	4.98	10
of which saturates	g	1.3	2.76
Fibre	g	0	0
Salt	g	0.15	0.30
<b>VITAMINS</b>			
Vitamin A (RE)	µg	45	90
Vitamin D <sub>3</sub>	µg (IU)	1 (40)	2.0 (80)
Vitamin E (α TE)	mg	15	3.0
Vitamin K <sub>1</sub>	µg	4.0	8.0
Vitamin C	mg	5.0	10
Folic Acid	µg	15	30
Thiamin (Vitamin B <sub>1</sub> )	mg	0.15	0.30
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.20	0.40
Vitamin B <sub>6</sub>	mg	0.10	0.20
Vitamin B <sub>12</sub>	µg	0.20	0.40
Niacin (NE)	mg	1.2	2.4
Pantothenic Acid	mg	0.30	0.60
Biotin	µg	5.0	10
<b>MINERALS</b>			
Sodium	mg (mmol)	60 (2.6)	120 (5.22)
Potassium	mg (mmol)	110 (2.8)	220 (5.64)
Magnesium	mg (mmol)	16 (0.66)	32 (1.33)
Phosphate	mg (mmol)	53 (1.7)	106 (3.39)
Calcium	mg (mmol)	56 (1.40)	112 (2.80)
Chloride	mg (mmol)	100 (2.82)	200 (5.63)
Iron	mg	1.0	2.0
Zinc	mg	1.0	2.0
Manganese	mg	0.10	0.20
Copper	mg	0.10	0.20
Iodine	µg	10	20
Selenium	µg	2.8	5.6
Chromium	µg	2.5	5.0
Molybdenum	µg	4.0	8.0
Choline	mg	15	30
Taurine	mg	7.2	14
L-carnitine	mg	1.7	3.4
Inositol	mg	8.0	16
Fluoride	µg	50	100
Osmolality	mOsm/kg H <sub>2</sub> O		320
Osmolarity	mOsm/litre		273
Water	g	85.4	171
Renal solute load	mOsm/litre		259

## ORDER CODES

Banana 200mL: M690 Chocolate 200mL: M692 Strawberry 200mL:

M691 Vanilla 200mL: M500

PaediaSure Vanilla RTH† 500mL: M500

