

PaediaSure Fibre

1.0 kcal/ml complete, balanced nutrition with fibre and FOS* for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

PRESENTATION

- Presented in 200 ml (202 kcal) bottles and 500 ml (506 kcal) Ready to Hang (RTH) containers.
- Both presentations are available in vanilla flavour. The 200 ml presentation is also available in strawberry flavour.

USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a sole source of nutrition or as a nutritional supplement for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

INDICATIONS / COMMUNITY USE

For the dietary management of children with, or at risk of developing, disease-related malnutrition.

Suitable for children weighing 8-30 kg (approximately 1-10 years of age).

Nutritionally complete for vitamins and minerals in 1000 ml for children aged 1-6 years and 1250 ml for children aged 7-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands). EFSA Dietary Reference Values available on request.

Available of the GMS (General Medical Services) Scheme. No HSE online application approval required.

STORAGE & DIRECTIONS FOR SIP FEEDING

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled. May also be served as a warm drink. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.

DIRECTIONS FOR TUBE FEEDING

- Ready for use.
- Administer at room temperature for tube feeding.
- Both the Ready to Hang and the reclosable plastic bottles will attach to all Abbott giving sets.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, vegetable oils (high oleic sunflower, soy, MCT[†] from palm kernel oil), sucrose, **milk** proteins, minerals (calcium phosphate tribasic, magnesium chloride, potassium chloride, sodium citrate, potassium phosphate dibasic, potassium citrate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), flavouring, FOS*, **oat** fibre, **soy** polysaccharide, emulsifiers (E471, E322: **soy** lecithin), gum arabic, sodium carboxymethyl cellulose, choline bitartrate, stabiliser: E415, vitamins (C, niacinamide, E, calcium pantothenate, B₁, B₂, B₆, vitamin A palmitate, folic acid, biotin, K₁, D₃, B₁₂), myo-inositol, taurine, acidity regulators (E525, E330), L-carnitine.

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density 1.0 kcal/ml

Energy distribution:

Protein	11.1%
Carbohydrate	43.2%
Fat	44.3%
Fibre (FOS)	1.44%

Renal solute load 259 mOsm/L

Osmolarity 289 mOsm/L

Osmolality 340 mOsm/kg H₂O

Gluten free? ✓

Clinically lactose free? ✓₁

Milk free? ✗

Suitable for vegetarians? ✓₂

Suitable for Halal diet? ✓

Suitable for Kosher diet? ✓

For suitability for other diets and free-from information, please contact the Freephone Nutrition Helpline on 1800 411 411.

*Fructo-oligosaccharides

[†]Medium-chain triglycerides

1. Typical lactose content: 139 mg/L.
2. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.

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NUTRITION INFORMATION

	units	per 100 ml	per 200 ml
Energy	kJ	424	847
	kcal	101	202
Fat	g	4.98	9.96
- of which saturates	g	1.30	2.60
- of which MCT**	g	0.90	1.8
Carbohydrate	g	10.93	21.86
- of which sugars	g	3.75	7.5
Fibre	g	0.73	1.46
- of which FOS*	g	0.23	0.46
Protein (nitrogen)	g	2.80 (0.45)	5.60 (0.90)
Salt	g	0.15	0.30

Vitamins			
Vitamin A (RE)	µg	45	90
Vitamin D ₃	µg	1.0	2.0
Vitamin E (α TE)	mg	1.5	3.0
Vitamin K ₁	µg	4.0	8.0
Vitamin C	mg	5.0	10.0
Folacin (folic acid)	µg	15	30
Thiamin (vitamin B ₁)	mg	0.15	0.30
Riboflavin (vitamin B ₂)	mg	0.20	0.40
Vitamin B ₆	mg	0.10	0.20
Vitamin B ₁₂	µg	0.20	0.40
Niacin (NE)	mg	1.2	2.4
Pantothenic acid	mg	0.30	0.60
Biotin	µg	5.0	10.0

Minerals and other nutrients			
Sodium	mg (mmol)	60 (2.61)	120 (5.22)
Potassium	mg (mmol)	110 (2.81)	220 (5.62)
Chloride	mg (mmol)	100 (2.82)	200 (5.64)
Calcium	mg (mmol)	56 (1.40)	112 (2.80)
Phosphorus (phosphate)	mg (mmol)	53 (1.71)	106 (3.42)
Magnesium	mg (mmol)	16 (0.66)	32 (1.32)
Iron	mg	1.0	2.0
Zinc	mg	1.0	2.0
Manganese	mg	0.10	0.20
Copper	mg	0.10	0.20
Iodine	µg	10.0	20.0
Selenium	µg	2.8	5.6
Chromium	µg	2.5	5.0
Molybdenum	µg	4.0	8.0
Fluoride	mg	0.05	0.10
Carnitine	mg	1.7	3.4
Inositol	mg	8.0	16
Choline	mg	15	30
Taurine	mg	7.2	14
Water	g	85.2	170

PROTEIN & AMINO ACIDS

	g/100 g protein	g/100 ml	g/200 ml
Protein source			
Sodium caseinate	70.0	1.96	3.92
Whey protein concentrate	18.0	0.50	1.01
Calcium caseinate	12.0	0.34	0.67
Amino acids			
- Essential			
Histidine	2.38	0.07	0.14
Isoleucine	4.78	0.13	0.26
Leucine	9.15	0.26	0.52
Lysine	7.51	0.21	0.42
Methionine	2.46	0.07	0.14
Phenylalanine	4.55	0.13	0.26
Threonine	4.82	0.13	0.26
Tryptophan	1.21	0.03	0.06
Valine	5.77	0.16	0.32

- Non-essential and conditionally essential			
Alanine	3.24	0.09	0.18
Aspartic acid	3.17	0.09	0.18
Cystine	0.74	0.02	0.04
Glutamic acid	11.1	0.31	0.62
Glycine	1.89	0.05	0.10
Proline	9.76	0.27	0.54
Serine	5.42	0.15	0.30
Tyrosine	4.67	0.13	0.26
Asparagine	4.47	0.13	0.26
Glutamine	9.79	0.27	0.54
Arginine	3.22	0.09	0.18
Non-protein calorie: N	205 : 1		

CARBOHYDRATES

	% total carbohydrates	g/100 ml	g/200 ml
Carbohydrate source			
Maltodextrin	68.3	7.47	14.93
Sucrose	31.2	3.41	6.82
Xanthan gum	0.20	0.02	0.04
Fructo-oligosaccharide powder	0.13	0.01	0.03
Oat fibre	0.10	0.01	0.02
Soy fibre	0.05	trace	0.01
Arabic gum	0.03	trace	0.01
Carboxymethyl cellulose	0.01	trace	trace

FIBRE

	% total fibre	g/100 ml	g/200 ml
Fibre source			
Fructo-oligosaccharide powder	31.4	0.23	0.46
Oat fibre	31.0	0.23	0.45
Soy fibre	20.6	0.15	0.30
Gum arabic	12.0	0.09	0.18
Carboxymethyl cellulose	5.15	0.04	0.08

Soluble fibre content: 49% Insoluble fibre content: 51%

FAT & FATTY ACIDS

	% total fatty acids	g/100 ml	g/200 ml
Fat source			
High oleic sunflower oil	49.5	2.46	4.93
Soy oil	29.7	1.48	2.96
MCT from palm kernel oil	19.8	0.99	1.97
Lecithin	1.07	0.05	0.11

		g/100 g fat	g/100 ml	g/200 ml
Fatty acids				
- Essential				
Linoleic acid	C18:2	19.1	0.96	1.92
Linolenic acid	C18:3	1.76	0.09	0.18
- Monounsaturated				
Palmitoleic acid	C16:1	0.12	0.01	0.02
Oleic acid	C18:1	46.56	2.33	4.66
Petroselinic acid	C18:1	0.08	trace	trace
Gadoleic acid	C20:1	0.05	trace	trace
Erucic acid	C22:1	-	-	-
- Saturated				
Caproic acid	C6:0	0.09	trace	trace
Caprylic acid	C8:0	10.26	0.51	1.02
Capric acid	C10:0	7.66	0.38	0.76
Lauric acid	C12:0	0.14	0.01	0.02
Myristic acid	C14:0	0.06	trace	trace
Palmitic acid	C16:0	5.34	0.27	0.54
Margaric acid	C17:0	0.07	trace	trace
Stearic acid	C18:0	2.72	0.14	0.28
Arachidic acid	C20:0	0.34	0.02	0.04
Behenic acid	C22:0	0.56	0.03	0.06
Tricosanoic acid	C23:0	-	-	-
Lignoceric acid	C24:0	0.10	trace	trace

P/S ratio 0.77
n6 : n3 10.9 : 1

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*fructo-oligosaccharides
**medium-chain triglycerides (C6:0 - C12:0)