

# PaediaSure Plus juice

1.5 kcal/ml juice-style nutritional supplement for children weighing 8-30 kg

FOR HEALTHCARE PROFESSIONAL USE ONLY

## PRESENTATION

- Presented in 200 ml (300 kcal) bottles.
- Available in apple and very berry flavours.

## USES

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement for children who cannot or are unable to eat sufficient quantities of everyday food and drink to meet their nutritional requirements. Not suitable as a sole source of nutrition.

## INDICATIONS / COMMUNITY USE

For the dietary management of children with, or at risk of developing, disease-related malnutrition.

Suitable for children weighing 8-30kg (approximately 1-10 years of age).

Available on the General Medical Services (GMS) Scheme. No HSE online approval required.

## STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled.
- May also be served as warm drinks. Do not boil.
- Once opened, unused product should be covered and stored in a refrigerator. Unused contents should be discarded after 24 hours.

## PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.

## CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

## INGREDIENTS

Water, maltodextrin, sucrose, **milk** protein, acidity regulators (E507, E330, E296), flavourings, colour: E150c, choline bitartrate, minerals (calcium phosphate tribasic, magnesium sulphate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), vitamins (C, E, niacinamide, calcium pantothenate, B<sub>1</sub>, B<sub>2</sub>, vitamin A palmitate, B<sub>6</sub>, folic acid, K, biotin, D<sub>3</sub>, B<sub>12</sub>), myo-inositol, taurine.

Note: all information based on apple flavour. Some minor differences exist between flavours.

## GENERAL INFORMATION

Energy density	1.5 kcal/ml
Energy distribution:	
Protein	11.2%
Carbohydrate	88.8%
Fat	0 %
Renal solute load	279 mOsm/L
Osmolarity	821 mOsm/L
Osmolality	1080 mOsm/kg H <sub>2</sub> O
Gluten free?	✓
Clinically lactose free?	✓ <sup>1</sup>
Milk free?	✗
Suitable for vegetarians?	✓ <sup>2</sup>
Suitable for Halal diets?	✓
Suitable for Kosher Diets?	✓

For suitability for other diets and free-from information, please contact the Freephone Dietetic Helpline on 1800 411 411.

1. Maximum lactose: 150 mg/L

2. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep

# PaediaSure Plus Juice

2 FLAVOURS

GMS APPROVED

1.5kcal/mL juice-style nutritional supplement for children weighing 8-30kg (approximately 1-10 years). For the dietary management of children with, or at risk of developing, disease-related malnutrition.

NUTRITIONAL INFORMATION	UNIT	PER 100mL	PER BOTTLE (200mL)
Energy	kJ	638	1275
	kcal	150	300
Protein (nitrogen)	g	4.2 (0.67)	8.40 (1.34)
Carbohydrate	g	33.3	66.6
of which sugars	g	10.4	20.8
Fat	g	0	0
of which saturates	g	0	0
Fibre	g	0	0
Salt	g	0.02	0.04
<b>VITAMINS</b>			
Vitamin A (RE)	µg	99	198
Vitamin D <sub>3</sub>	µg (IU)	0.31 (12.4)	0.62 (24.8)
Vitamin E (α TE)	mg	1.5	3.0
Vitamin K <sub>1</sub>	µg	5.9	12
Vitamin C	mg	7.5	15
Folic Acid	µg	6	12
Thiamin (Vitamin B <sub>1</sub> )	mg	0.23	0.46
Riboflavin (Vitamin B <sub>2</sub> )	mg	0.3	0.6
Vitamin B <sub>6</sub>	mg	0.15	0.30
Vitamin B <sub>12</sub>	µg	0.40	0.80
Niacin (NE)	mg	1.8	3.6
Pantothenic Acid	mg	0.25	0.50
Biotin	µg	3.5	7.0
<b>MINERALS</b>			
Sodium	mg (mmol)	7.3 (0.32)	15 (0.64)
Potassium	mg (mmol)	19 (0.49)	38 (0.97)
Magnesium	mg (mmol)	3.1 (0.13)	6.2 (0.26)
Phosphate	mg (mmol)	9.5 (0.31)	19 (0.61)
Calcium	mg (mmol)	19 (0.47)	38 (0.95)
Chloride	mg (mmol)	100 (2.82)	200 (5.64)
Iron	mg	1.5	3.0
Zinc	mg	1.5	3.0
Manganese	mg	0.15	0.30
Copper	mg	0.17	0.34
Iodine	µg	8.5	17
Selenium	µg	3.7	7.4
Chromium	µg	3.2	6.4
Molybdenum	µg	13	26
Osmolality	mOsm/kg H <sub>2</sub> O		1080
Osmolarity	mOsm/litre		821
Water	g	76.3	153
Renal solute load	mOsm/litre		279
<b>ORDER CODES</b>			

Apple 200mL: S274 Very Berry 200mL: S275