PaediaSure Plus sip feed

1.5 kcal/ml complete, balanced nutrition for children weighing 8-30 kg

PRESENTATION

- Presented in 200 ml (302 kcal) bottles, available in vanilla and strawberry flavours. Also available unflavoured in 200 ml (302 kcal) bottles which can be used for tube or sip feeding.
- PaediaSure Plus vanilla flavour is also available in 500 ml (750 kcal)
 Ready to Hang (RTH) containers for tube feeding. There is a separate datasheet for this tube feed presentation.

INDICATIONS / COMMUNITY USE

Food for Special Medical Purposes, for use under medical supervision. Suitable as a sole source of nutrition or as a nutritional supplement for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

For the dietary management of children with, or at risk of developing disease-related malnutrition.

Suitable for children weighing 8-30kg (approximately 1-10 years of age).

Nutritionally complete for vitamins and minerals in 909 ml for children aged 1-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands).

EFSA complete in volumes available on request.

Available on the GMS (General Medical Services) scheme.

STORAGE & DIRECTIONS FOR USE

- Store unopened at room temperature.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Best served chilled unless bolus feeding is indicated, in which case the product should be administered at room temperature.
- May also be served as warm drinks. Do not boil.
- Once opened, unused product should be resealed and stored in a refrigerator. Unused contents should be discarded after 24 hours.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene. It is suggested that patients consult with their dentist for further advice.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, vegetable oils (high oleic sunflower, soy, MCT from palm kernel oil), sucrose, **milk** proteins, minerals (magnesium chloride, calcium phosphate tribasic, potassium citrate, potassium phosphate dibasic, potassium chloride, sodium citrate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), flavouring, emulsifiers (E322: **soy** lecithin, E471), choline bitartrate, vitamins (C, E, niacinamide, calcium pantothenate, vitamin A palmitate, B₂, B₁, B₆, D₃, folic acid, biotin, K₁, B₁₂), myo-inositol, stabiliser: E415, taurine, L-carnitine.

Note: all information based on vanilla flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density 1.5 kcal/ml	
Energy distribution: Protein Carbohydrate Fat	11.1% 44.4% 44.5%
Renal solute load	354 mOsm/L
Osmolarity	390 mOsm/L
Osmolality	500 mOsm/kg H ₂ O
Gluten free?	✓
Clinically lactose free?	√ 1
Milk free?	×
Suitable for vegetarians?	√2
Suitable for Halal diet?	✓
Suitable for Kosher diet?	✓

For further free-from information, please contact the Freephone Nutrition Helpline on 1800 411 411.

- 1. Typical lactose content: 21 mg/100 mL.
- Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.



Date of preparation: February 2022

PaediaSure Plus

3 FLAVOURS GMS APPROVED

1.5kcal/mL complete, balanced nutritional drink and tube feed for children weighing 8-30kg (approximately 1-10 years). For the dietary management of children with, or at risk of developing disease-related malnutrition.

NUTRITIONAL INFORMATION	UNIT	200mL BOTTLE PER 100mL	500mL RTH† PER 100mL
Energy	kJ	632	628
-	kcal	151	150
Protein (nitrogen)	e	4.20 (0.67)	4.2 (0.67)
Carbohydrate	8	16.7	16.74
of which sugars	8	5.5	2.2
Fat	g	7.47	7.47
of which saturates	6	2.0	2.0
Fibre	g	0	0
Salt	6	0.15	0.15
VITAMINS			
Vitamin A (RE)	HE	99	99
Vitamin D₂	μg (IU)	1.1 (45)	1.1 (45)
Vitamin E (α TE)	mg	1.5	1.5
Vitamin K,	94	5.9	5.9
Vitamin C	mg	7.5	7.5
Folic Acid	HE	23	23
Thiamin (Vitamin B,)	mg	0.23	0.23
Riboflavin (Vitamin B ₂)	mg	0.30	0.30
Vitamin B ₆	mg	0.15	0.15
Vitamin B ₁₂	HE	0.30	0.30
Niacin (NE)	mg	1.8	1.8
Pantothenic Acid	mg	0.45	0.45
Biotin	HE	7.5	7.5
MINERALS			
Sodium	mg (mmol)	60 (2.61)	60 (2.61)
Potassium	mg (mmol)	135 (3.45)	135 (3.45)
Magnesium	mg (mmol)	24 (0.99)	24 (0.99)
Phosphate	mg (mmol)	80 (2.58)	80 (2.58)
Calcium	mg (mmol)	84 (2.10)	83 (2.07)
Chloride	mg (mmol)	100 (2.82)	100 (2.82)
Iron	mg	1.5	1.5
Zinc	mg	1.5	1.5
Manganese	mg	0.15	0.15
Copper	mg	0.17	0.17
lodine	HE	15	15
Selenium	HG SH	4.2	4.2
Chromium	146	3.8	3.8
Molybdenum	HG SH	5.9	5.9
Choline	mg	23	22.5
Taurine	mg	11	10.8
L-carnitine	mg	2.6	2.6
Inositol	mg	12.0	12.0
Fluoride	mg	0.08	0.08
Osmolality	mOsm/kg H ₂ O	500	350
	mOsm/litre	390	273
Osmolarity			
Osmolarity Water	g/100ml	78.3	78.3

Strawberry 200mL: M927 Unflavoured 200mL: \$403 Vanilla 200mL: M926 PaediaSure Plus Vanilla RTH† 500mL: M780