

PaediaSure Plus tube feed 1.5 kcal/ml high energy complete, balanced nutrition for children weighing 8-30 kg

PRESENTATION

- Presented in 500 ml (750 kcal) Ready to Hang (RTH) containers, available in vanilla flavour.
- Also available unflavoured in 200 ml (302 kcal) reclosable plastic bottles (RPB) which can be used for tube or sip feeding.
- Strawberry and vanilla flavours of PaediaSure Plus sip feeds are also available in 200 ml (302 kcal) reclosable plastic bottles.
- NOTE: There is a separate datasheet for these three sip feed presentations.

INDICATIONS / COMMUNITY USE

Food for Special Medical Purposes, for use under medical supervision. Suitable as a nutritional supplement or as a sole source of nutrition for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 909 ml for children aged 1-10 years (excluding electrolytes, calculated using the UK Reference Nutrient Intake for these age bands). EFSA Dietary Reference Values available on request.

For the dietary management of children with, or at risk of developing, disease-related malnutrition.

Suitable for children weighing 8-30 kg (approximately 1-10 years of age).

Available on the GMS (General Medical Services) scheme. No HSE online application approval required.

STORAGE

- Store unopened at room temperature.
- Avoid prolonged exposure to light.
- Once opened, unused product should be resealed and stored in a refrigerator.
- Unused contents should be discarded after 24 hours.
- Date and time of opening can be recorded on the lid sticker.

DIRECTIONS FOR USE

- Ready for use. SHAKE WELL.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available.
- Both the 500 ml Ready to Hang containers and the 200 ml reclosable plastic bottles will attach to all Abbott giving sets.

INGREDIENTS

Water, maltodextrin, vegetable oils (high oleic sunflower, soy, MCT from palm kernel oil), *milk* proteins, sucrose, minerals (potassium citrate, magnesium chloride, calcium phosphate tribasic, potassium phosphate dibasic, sodium citrate, ferrous sulphate, zinc sulphate, cupric sulphate, manganese sulphate, sodium fluoride, potassium iodide, sodium molybdate, chromium chloride, sodium selenite), flavouring, emulsifiers (E471, E322: *soy* lecithin), choline bitartrate, vitamins (C, E, niacinamide, calcium pantothenate, vitamin A palmitate, B_2 , B_1 , B_6 , D_3 , folic acid, biotin, K_1 , B_{12}), myo-inositol, stabiliser: E415, taurine, l-carnitine.

Note: all information based on the RTH formulation. Some minor differences exist between RTH and RPB formulations.

GENERAL INFORMATION

Energy density		1.5 kcal/ml
Energy distribut	ion: Protein Carbohydrate Fat	11.1% 44.4% 44.5%
Renal solute load		354 mOsm/L
Osmolarity		273 mOsm/L
Osmolality		350 mOsm/kg H ₂ O
Gluten free?		\checkmark
Clinically lactose free?		√ 1
Milk free?		×
Suitable for vegetarians?		√ ₂
Suitable for Halal diet?		\checkmark
Suitable for Kosher diet?		\checkmark

For further free-from information, please contact the Freephone Nutrition Helpline on 1800 411 411.

1. Typical lactose content: 21 mg/	100 mL.
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2. Vitamin ${\sf D}$ is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Do not use in children under 1 year of age.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

PaediaSure Plus **3 FLAVOURS**

GMS APPROVED

1.5kcal/mL complete, balanced nutritional drink and tube feed for children weighing 8-30kg (approximately 1-10 years). For the dietary management of children with, or at risk of developing disease-related malnutrition.

		200mL BOTTLE	500mL RTH
NUTRITIONAL INFORMATION	UNIT	PER 100mL	PER 100mL
Energy	kJ	632	628
-	kcal	151	150
Protein (nitrogen)	8	4.20 (0.67)	4.2 (0.67)
Carbohydrate	8	16.7	16.74
of which sugars	e	5.5	2.2
Fat	e e	7.47	7.47
of which saturates	e	2.0	2.0
Fibre	e	0	0
Salt	e	0.15	0.15
VITAMINS			
Vitamin A (RE)	HE	99	99
Vitamin D ₃	μg (IU)	1.1 (45)	1.1 (45)
Vitamin E (α TE)	mg	1.5	1.5
Vitamin K,	HE	5.9	5.9
Vitamin C	mg	7.5	7.5
Folic Acid	PE	23	23
Thiamin (Vitamin B,)	mg	0.23	0.23
Riboflavin (Vitamin B ₂)	mg	0.30	0.30
Vitamin B ₆	mg	0.15	0.15
Vitamin B ₁₂	HE	0.30	0.30
Niacin (NE)	mg	1.8	1.8
Pantothenic Acid	mg	0.45	0.45
Biotin	PE	7.5	7.5
MINERALS			
Sodium	mg (mmol)	60 (2.61)	60 (2.61)
Potassium	mg (mmol)	135 (3.45)	135 (3.45)
Magnesium	mg (mmol)	24 (0.99)	24 (0.99)
Phosphate	mg (mmol)	80 (2.58)	80 (2.58)
Calcium	mg (mmol)	84 (2.10)	83 (2.07)
Chloride	mg (mmol)	100 (2.82)	100 (2.82)
Iron	mg	1.5	1.5
Zinc	mg	1.5	1.5
Manganese	mg	0.15	0.15
Copper	mg	0.17	0.17
lodine	HE	15	15
Selenium	HE	4.2	4.2
Chromium	PE	3.8	3.8
Molybdenum	94	5.9	5.9
Choline	mg	23	22.5
Taurine	mg	11	10.8
L-carnitine	mg	2.6	2.6
Inositol	mg	12.0	12.0
Fluoride	mg	0.08	0.08
Osmolality	mOsm/kg H ₂ O	500	350
Osmolarity	mOsm/litre	390	273
Water	g/100ml	78.3	78.3
Renal solute load	mOsm/litre	354	354

Strawberry 200mL: M927 Unflavoured 200mL: S403 Vanilla 200mL: M926 PaediaSure Plus Vanilla RTH† 500mL: M780