

Vital 1.5kcal

1.5kcal/ml partially-hydrolysed¹ complete, balanced nutrition with sugar and sweetener

PRESENTATION

- Presented in 1000 ml (1501 kcal) Ready to Hang (RTH) containers and 200 ml (300 kcal) recloseable plastic bottles.
- Both presentations are available in vanilla flavour. The 200 ml presentation is also available in café latte and mixed berry flavours.

USES

Food for Special Medical Purposes, for use under medical supervision. Liquid feed suitable for patients with malabsorption.

Suitable as a sole source of nutrition or as a nutritional supplement for patients who cannot or will not eat sufficient quantities of everyday food and drink to meet their nutritional requirements.

Nutritionally complete for vitamins and minerals in 1000ml (excluding electrolytes, calculated using the UK Reference Nutrient Intake for men aged 19-50 years). EFSA Dietary Reference Values available on request.

COMMUNITY USE / INDICATIONS

Vital 1.5kcal is suitable for the dietary management of patients with malabsorption.

Available on the GMS (General Medical Services) Scheme. No HSE online Application Approval Required.

STORAGE

- Store unopened at room temperature and avoid prolonged exposure of the RTH container to light.
- Ready for use. Open immediately prior to use.
- Shake well before use.
- Once opened, cover and place in a refrigerator, discarding any unused feed after 24 hours.

DIRECTIONS FOR USE

- Ready for use. SHAKE WELL.
- Administer at room temperature for tube feeding.
- The volume/flow rate should be adjusted to meet the patient's nutritional needs and tolerance. This product has a low viscosity and will pass down a fine nasogastric tube.
- A Flexitainer enteral nutrition container may be used if decanting is necessary.
- For gravity feeding, the use of a Flexiflo gravity gavage set is recommended.
- An Abbott enteral feeding pump may be used in conjunction with the Abbott enteral feeding system where a more accurately controlled delivery of feed is indicated. An ambulatory system is available.

PRECAUTIONS

- In patients receiving some medications there may be a risk of drug nutrient interactions (e.g. warfarin and vitamin K). Careful prescribing and monitoring practices will serve to reduce the risk (please refer to pharmacist).
- Not intended for use in children unless recommended by a physician or other qualified healthcare professional.
- Patients should not make any additions to the feed without consulting their pharmacist or dietitian.
- Many nutritional products contain sucrose and other sugars. It is important for patients who are taking supplements as sip feeds to observe good oral hygiene.

CONTRA-INDICATIONS

- FOR ENTERAL USE ONLY.
- Not for use in galactosaemia.
- Suitable for people with diabetes provided that routine glucose checks are performed.

INGREDIENTS

Water, maltodextrin, hydrolysed **milk** proteins, vegetable oils (MCT* from palm kernel oil, canola), sucrose, minerals (calcium carbonate, magnesium phosphate dibasic, potassium phosphate dibasic, potassium chloride, sodium citrate, potassium citrate, ferrous sulphate, zinc sulphate, manganese sulphate, cupric sulphate, sodium molybdate, chromium chloride, sodium selenate, potassium iodide), flavouring, emulsifier: E472e, stabilisers (E460, E407, E466), choline chloride, vitamins (C, E, niacinamide, calcium pantothenate, vit. A palmitate, B₆, B₁, B₂, folic acid, K₁, biotin, D₃, B₁₂), L-carnitine, taurine, sweetener: E955.

Note: Information based on vanilla flavour. Some minor differences exist between flavours.

GENERAL INFORMATION

Energy density	1.5 kcal/ml
Energy distribution:	
Protein	18.0%
Carbohydrate	49.0%
Fat	33.0%
Renal solute load	552 mOsm/L
Osmolarity	487 mOsm/L
Osmolality	630 mOsm/kg H ₂ O
Gluten free?	✓
Clinically lactose free?	✓ ²
Milk free?	✗
Suitable for vegetarians?	✓ ^{3,4}
Suitable for Halal diets?	✓
Suitable for Kosher diets?	✓ Except for mixed berry flavour ⁴

For suitability for other diets and free-from information, please contact the Freephone Dietetic Helpline on 1800 411 411.

1. All of the protein in this product has been hydrolysed to form peptides. This may be referred to as a 'semi-elemental' or 'peptide-based' feed elsewhere.
2. Typical lactose content: 326 mg/L
3. Vitamin D is synthesised from cholesterol, extracted from the grease in wool sheared from live sheep.
4. Mixed berry flavour contains E120 (cochineal) which some people may consider to be a meat product.

*medium-chain triglycerides

Vital 1.5kcal

3 FLAVOURS

GMS APPROVED

1.5kcal/mL, partially-hydrolysed complete, balanced nutrition with sugar and sweetener for the dietary management of patients with malabsorption.

NUTRITIONAL INFORMATION	UNIT	PER 100mL	PER BOTTLE (200mL)
Energy	kJ	631	1262
	kcal	150	300
Protein (nitrogen)	g	6.75 (1.08)	13.5 (2.16)
Carbohydrate	g	18.4	36.8
of which sugars	g	3.5	7
Fat	g	5.5	11
of which saturates	g	3.9	7.8
of which MCT*	g	3.48	6.96
Fibre	g	0	0
Salt	g	0.42	0.84
VITAMINS			
Vitamin A (RE)	µg	150	300
Vitamin D ₃	µg (IU)	1 (40)	2 (80)
Vitamin E (α TE)	mg	1.9	3.8
Vitamin K	µg	7	14
Vitamin C	mg	18	36
Folic Acid	µg	30	60
Thiamin (Vitamin B ₁)	mg	0.21	0.42
Riboflavin (Vitamin B ₂)	mg	0.3	0.6
Vitamin B ₆	mg	0.3	0.6
Vitamin B ₁₂	µg	0.5	1
Niacin (NE)	mg	3.0	6.0
Pantothenic Acid	mg	1.0	2.0
Biotin	µg	5.5	11
MINERALS			
Sodium	mg (mmol)	169 (7.35)	338 (14.7)
Potassium	mg (mmol)	200 (5.12)	400 (10.2)
Magnesium	mg (mmol)	30 (1.29)	60 (2.50)
Phosphate	mg (mmol)	100 (3.23)	200 (6.4)
Calcium	mg (mmol)	100 (2.50)	200 (5.00)
Chloride	mg (mmol)	150 (4.23)	300 (8.46)
Iron	mg	2.0	4.0
Zinc	mg	1.8	3.6
Manganese	mg	0.50	1.0
Copper	mg	0.24	0.48
Iodine	µg	15	30
Selenium	µg	9.5	19
Chromium	µg	8	16
Molybdenum	µg	18	36
Choline	mg	68	136
Taurine	mg	15	30
Carnitine	mg	15	30
Osmolality	mOsm/kg H ₂ O		630
Osmolality	mOsm/litre		487
Water	g	77.6	155
Renal solute load	mOsm/litre		552
ORDER CODES			
Cafe Latte: 5783 Mixed Berry: 5784 Vanilla: 5298			