

Be a Leader for a **New Generation!** Apply today for...

The 2017 **INDI & Abbott Certificate** **in Management and Leadership**

Programme Outline, Eligibility Criteria and Sample Application Form



The INDI & Abbott Certificate in Management and Leadership

The **INDI & Abbott Certificate in Management and Leadership**, now in its **fourth year**, is an exciting programme offered exclusively to INDI members to support the INDI in their ambition to effectively inform and influence policy within the health arena.

What will this programme offer you?

This programme has been designed to further develop your leadership skills and to help you to take the next step in your career. As a participant you will:

- Learn how to manage yourself for success in your career
- Enhance your ability to lead a team of diverse individuals successfully
- Increase your strategic influencing, networking and overall communication skills
- Increase your confidence as a decision-maker within the health sector.

In summary, this programme has been designed with both current and future leaders in mind, providing the platform and environment for those who would like to further their career and refresh their leadership skills.

What are the eligibility criteria?

Applicants should:

- Be an INDI member who actively contributes to, and participates in, the initiatives and the development of the organisation or clearly indicates the intention to do so.
- Have at least five years post-graduate experience
- Maintain an up-to-date Continuous Professional Development (CPD) plan
- Demonstrate an ability to:
 - Meet challenges and learn quickly
 - Communicate effectively
 - Influence positively
 - Innovate and be creative within your role
 - Be flexible and adaptable to change
 - Lead others

Who should apply?

- **Dietitians** currently in a management role, or aspiring to be in a management or leadership position in the near future
- **Senior Dietitians** with a minimum of three years' experience, looking for a new challenge, or

considering expanding or redefining your role

- **Self-employed Dietitians**, successfully running your own practice for at least five years, looking to develop a strategic plan for your business with support and input from colleagues and business experts
- **Those working in research or academia** for at least five years, and looking to develop management and leadership skills to help achieve your career aspirations.

Selection process

The origins of this leadership programme are rooted in recognition of the need for the professional growth and development of the individual INDI members, who have demonstrated a clear leadership potential and ambition through their active membership of the organisation.

While there is a large personal development component to the programme, it is important for the INDI as an evolving professional body to realise the benefits of investing in future leaders to enable the profession to advance. Participants on the programme are selected from the hospital, community, private practice, not-for-profit and research/ academic sectors, in proportions reflective of the broad INDI membership profile and their geographic diversity. We look to see if applicants have contributed to their professional body or have made a clear statement as to how this course will enable them to make a contribution in the future.

A maximum of 16 participants are accepted, to ensure optimal participation and individualised support. Applications will be evaluated based on the information provided in the application form and a current Curriculum Vitae.

If you require further information, please contact the INDI office on 01 280 4839.

Past Applicants

If you were unsuccessful in your application on previous occasions, it may simply be that applications were over-subscribed from the category of dietitians you represent. A waiting list is not maintained from previous year's applications – every application is



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considered in the context of the current year only, therefore if you are still interested in attending the leadership course please re-apply by completing the revised application form and attaching a copy of your CV.

are required to pay €500 per person, to be paid in two installments. The first installment of €200 must be paid to the INDI by 5th December 2016, with the balance payable by 1st February 2017.

Where and when will the course be run?

The course will held over six days and will be held at the Irish Management Institute (IMI), 16 Sandyford Road, Dublin.

- Friday 10th and Saturday 11th February 2017
- Friday 5th and Saturday 6th May 2017
- Friday 22nd and Saturday 23rd September 2017

The delegate fee includes lunch, dinner and light refreshments and one overnight accommodation for those living outside Dublin on the Friday evening for every weekend of the course in the IMI Sandyford.

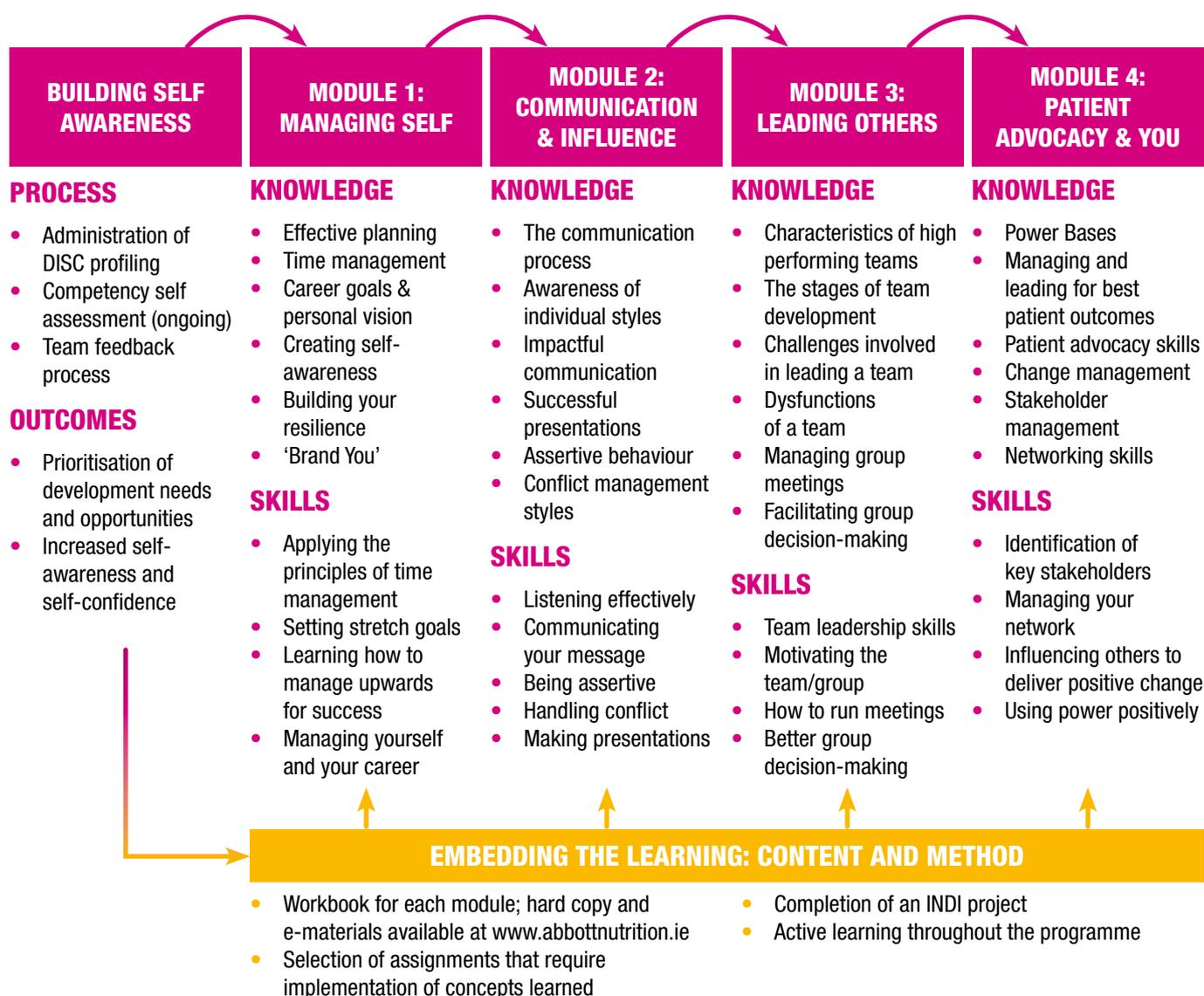
How do I apply?

Applications can be downloaded from **abbottnutrition.ie/soilsiu-dietitians/indi**. A sample application form is overleaf. All information provided during the application process will be treated in strict confidence.

How much will it cost?

The course tuition and associated costs are jointly funded by the INDI and Abbott Nutrition. Delegates

The closing date for applications is 7th November 2016. Successful applicants will be informed via the INDI by 28th November 2016.





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Programme Leader:

Amanda Cahir-O'Donnell M.Ed. Mgmt., B.Ed., PCC, FCIPD, FIITD, CSA

Experienced, qualified and superbly competent, Amanda combines development skills and world-class coaching experience with strong pragmatism and appropriate pace for directors, senior leaders, managers and their teams across diverse industry sectors. For more than twenty years, she has enjoyed working with high potential individuals with the drive and energy to succeed as they face and overcome significant challenges.

Amanda is passionate about enabling her clients to reach their full potential. To ensure ongoing success, she considers the entire context of the client situation; focuses on solutions instead of problems; ensures clients apply the things they learn to real-world challenges; adapts her style and methods to her client's needs and learning style; and serves as a partner to help her clients explore, discover and apply what they learn. Her approach is simple, yet successful: she is authentic, focused on goals and a challenging ally.



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Application Form

Personal Details

Name (First and Surname)

Contact Telephone Number

Address

Email Address

INDI Membership Number

Competencies

In the following boxes, please provide one example for each competency (maximum of 150 words per competency). An example of when you have previously demonstrated a competency should include:

- Description of the background to the situation
- What objective were you trying to achieve?
- What actions were taken?
- What was the outcome?
- What did you learn?

Demonstrate innovativeness/creativity within your role



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Meet challenges and learn quickly

Blank area for response to the first criterion: Meet challenges and learn quickly.

Demonstrate flexibility and adaptability to change

Blank area for response to the second criterion: Demonstrate flexibility and adaptability to change.

Demonstrate how you have, or how you intend to, contribute positively to the development of the profession

Blank area for response to the third criterion: Demonstrate how you have, or how you intend to, contribute positively to the development of the profession.



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The INDI's leadership vision for its members

INDI Vision

A future in which all people in Ireland enjoy the life-enhancing benefits of good nutrition, in health and disease.

INDI Mission

To advance the leading role of our members in improving the nation's health through food and nutrition.

Developing Future Leaders

During the process of formulating the INDI's five-year strategy the importance of developing future leaders and influencers within our membership became very apparent for two main reasons:

- 1. To help the organisation to reach its full potential.***
- 2. To ensure that our members are positioned to take full advantage of the many opportunities available to them to work at senior management level in both healthcare and industry thereby also helping to extend our profession's scope of influence.***

The implications of the decision to develop leaders however, are that our members will need access to programmes which will provide them with the necessary skill sets to exploit these opportunities. Clinical skills will of course continue to remain a core element of ongoing CPD but must be expanded to provide the learning opportunities that future Dietitians will need to succeed in different fields of work.

The **INDI & Abbott Certificate in Management and Leadership** is a well established and relevant program that will enable the INDI to meet our strategic goal of empowering our members to achieve their full potential within their chosen career path.

Abbott Nutrition's leadership vision for INDI members

Abbott Nutrition is proud to strategically partner with the INDI in the development and delivery of the INDI & Abbott Certificate in Management and Leadership. Abbott Nutrition shares and aligns with the vision for the future of the dietetic profession, as expressed by the INDI in their five-year strategy.

From the outset, Abbott Nutrition recognised the need for dietitians to influence stakeholders outside the dietetic profession, in order to effectively communicate key messages and successfully impact on the health and well-being of people throughout Ireland. Through experience in the commercial environment, Abbott Nutrition understands the language and influencing skills necessary to bring this vision to fruition, and can offer a unique perspective and expertise on how to bring those skills to the fore.

Working closely with the INDI and programme leader, Abbott Nutrition continues to advance the development of the dietetic profession in Ireland through this unique and innovative leadership programme.

Abbott Nutrition – leaders in science-based nutrition in Ireland for seventy years.

